

Sunday 17 December

Portsmouth Coastal Waterside Marathon – a full circumnavigation of Portsmouth Harbour on mixed terrain.

Dave Jackson 3:57:59 6th MV60+

Saturday 9 December

Fairytale in Newquay – a tough festive 15 mile "long-half" along the North Cornish coast path from Harlyn Bay to Porth Beach, Newquay. An epic run on very slippery paths with stunning views and 50mph winds.

 Jane Ward
 3:59:25
 3rd FV50+

 Neil Cranidge
 3:59:46
 6th MV50+



Thursday 7 December

Stur 5 – a 5-mile internal club race from Sturfit, taking in Glue Hill, Broad Oak Hill and Rixson Hill.

Chris Wright	29:37
Gary Blaber	31:03
Nick Hall	33:59
lan Barnes	34:13
Ritchie Bryant	35:55

Mark Riley	36:18	
Roger Teasdale	36:37	
Lynda Faulkner	37:38	1st Lady
Dave Fitzsimon	38:42	
John Willis	39:34	
Rich Hull	39:51	
Tim Cotton	40:20	
Nick Brooke	41:39	
Dawn Blaber	41:52	2nd Lady
Dave Hurst	42:34	
Lisa Yates	45:19	3rd Lady
Mel Birch	47:03	
Adam Frampton	47:07	
Sarah Perrett	49:48	
Flora Brooke	52:00	
Jane Feather	56:19	
Serena Barnes	58:56	

Sunday 4 December

The Full Montycute 10 – a scenic 10-mile off-road race from Ham Hill with 10 hills, fantastic tough scenic rough.

Justin Perry	1:36:02	4th MV50+
Nick Brooke	1:47:10	5th MV60+
Jane Ward	2:11:39	
Neil Cranidge	2:11:39	
Julia Slade	2:16:09	
Jill Watson	2:16:09	
Angela Jamieson	2:28:25	
Adam Frampton	2:28:26	



Nick Brooke was also winner of the prestigious Fred Fox Trophy.

Sunday 26 November

New Forest Stinger – a scenic 10-mile off-road race in the beautiful New Forest from Ocknell Campsite. Out & back with an undulating loop and a sting in the tail.

Gary Blaber	1:08:40	1st MV50
Sharon Hutchings	1:13:51	4th SenF

lan Barnes	1:15:24	3rd MV60+
Tim Cotton	1:23:07	
Dave Jackson	1:26:08	
Dawn Blaber	1:33:02	
Jane Ward	1:44:30	CITIVA SA
Neil Cranidge	1:44:30	131
Sergiy Machulin	1:48:12	
Clare Riley	1:49:15	Z.



Sunday 26 November

Boscombe 10k – an undulating open road race starting and finishing at Kings Park Athletics Stadium.

Jonny Hayes 42:38
Richard Palmer-Smyth 56:45
Ines Braun 1:06:09

Sunday 19 November

Wimborne 10 – the 25th anniversary addition of this 10-mile undulating route along country lanes finishing through the avenue of trees on to Pamphill Green. A windy and wet version with a 100m long full width puddle but fun nonetheless.

2nd Lady 4th MV50+

Molly Rasch	1:03:30
Gary Blaber	1:04:14
Justin Perry	1:11:05
lan Barnes	1:12:30
Michael Peters	1:19:27
Chris Perrett	1:24:33
Dawn Blaber	1:27:11
Neil Cranidge	1:30:48
Nick Summons	1:32:14
Jane Ward	1:35:37
Lisa Yates	1:36:23
Sarah Perrett	1:41:59
Flora Brooke	1:46:13



Sunday 19 November

Starcross Shuffle – a lapped 7-hour challenge run following the Exe estuary alongside the grounds of Powerham Castle. 4 laps to complete a full marathon distance.

Dave Jackson 3:47:58 4th overall in marathon distance

Saturday 11th November

The Lemur Loop – a 10k trail race over the hilly scenic landscape where they used to film To The Manor Born in Cricket St Thomas.

 Jill Watson
 1:06:49
 2nd FV50+

 Julia Slade
 1:06:49
 5th FV40+

Dave Fitzsimon (2 loops) 1:07:31, 1:07:33

Mel Fitzsimon 1:29:11

Saturday 11th November

New Forest Off Road Half Marathon - Brockenhurst – an amazing trail running event by RunRebel set in the heart of the New Forest National Park. Weaving through the forests on hard-packed gravel pathways and soaking up the fabulous scenery. Described as relatively flat with only 183m elevation gain.

Richard Palmer-Smyth 2:20:13

Sunday 26th October

The Stickler – a tough 10-mile trail race, dubbed North Dorset 3-Peaks, including Okeford Beacon, Hod Hill and Hambledon Hill.

Chris Wright	1:11:22	2nd Overall
Phil Reese	1:18:28	5th MV40+
Tom Mitchell	1:20:56	
Fabs Terzaghi	1:25:47	7th MV50+
Mark Riley	1:28:56	
Justin Perry	1:30:50	
Stuart Martin	1:33:47	4th MV60+
Nick Brooke	1:37:04	1st MV70+
Jonny Hayes	1:38:19	
Tim Cotton	1:41:32	
John Townsend	1:47:16	
Dave Hurst	1:47:31	
Amanda Jenkins	1:55:35	
Adam Frampton	1:57:56	
Flora Brooke	2:26:17	3rd FV70+

Sunday 26th October

Arezzo Half Marathon – starting from piazza Guido Monaco the route makes its way around the city, suited for more dedicated athletes.

Molly Rasch 1:24:49

Sunday 22nd October

Weymouth 10 – a 10-mile tarmac route from Weymouth Esplanade. Mostly flat but with a challenging double loop around Bowleaze and Preston.

Molly Rasch 1:02:20 1st Lady

lan Barnes	1:11:26	3rd MV60
Sharon Hutchings	1:11:43	2nd SF
Michael Peters	1:16:29	8th MV60
Neil Cranidge	1:23:38	
David Hurst	1:27:09	
Jane Ward	1:35:23	
Richard Palmer-Smyth	1:36:46	



Saturday 21st October

Beachy Head Marathon – a tough coastal marathon with horizontal rain, 30 knot winds and lots of mud, but Dave enjoyed it, nevertheless.

Dave Jackson 5:02:33

Sunday 15th October

Studland Stampede – a tough but very scenic coastal run of 7.5 miles, along the beach, up over the heathland, across sand dunes and back along the beach.

3rd MV50+

4th MV60+

Garry Blaber	0:50:19
Paul Stockley	0:58:59
Michael Peters	1:00:14
Neil Cranidge	1:04:46
Chris Perrett	1:07:52
Dawn Blaber	1:12:43
Adam Frampton	1:13:08
Jane Ward	1:13:30
Ange Jamieson	1:17:16
Steve Fowles	1:21:18
Sarah Perrett	1:25:42
Barry Jenkins	1:26:36
Vics West	1:33:14
Jane Fowles	1:42:41



Sunday 15th October

Bath Half – a 'big city' race, starting and finishing in Bath city centre. This course is fast and flat with proven potential to set a new personal best, unless you arrive late due to Park & Ride bus breaking down and adding an extra mile when sent the wrong way.

Stewart McConnell 1:58:54
Julia Slade 2:25:25
Jill Watson 2:25:25

Saturday 15th October

Dorset Hill Fort Ultra - The history and hills of West Dorset, running from one ancient hillfort to another over 35 miles. It's not flat, but it is exceedingly pretty.

Dave Fitzsimon 7:19:43

Sunday 15th October

Great South Run – The South coast's biggest and best running event takes place in Portsmouth over a fast and flat 10-mile route.

Amanda Jenkins 1:26:20

Sunday 15th October

Hazelbury Bryan 10k – a scenic route through beautiful countryside with a friendly atmosphere.

Sharon Hutchings tbc
Richard Palmer-Smyth 1:04:20
Anna Dunning tbc

Sunday 8 October

Chester Marathon – a multi-award winning and 3 times winner of the UKs Best Marathon (under 5,000 runners), from the historic Roman/Medieval international destination City of Chester. The route is on closed roads and runs past all Chester's iconic landmarks, including Roman walls, Cathedral, Amphitheatre before heading out to the stunning Chester countryside and an unforgettable finish on Castle Drive.

Nick Reynolds 2:40:13 PB

Sunday 8th October

Gold Hill 10k – a hilly road 10k from Shaftesbury School, taking in Gold Hill, Tout Hill, The Butt and French Mill Lane.

6th Overall

Chris Wright 39:21
Steve Rigby 41:45
Gary Blaber 42:37
Justin Perry 47:13
Ian Barnes 47:46
Jonny Hayes 49:46
Tim Catter



Chris Perrett	57:26
David Hurst	1:00:55
John Townsend	1:01:26
Amanda Jenkins	1:02:40
Dawn Blaber	1:04:14
Jane Ward	1:04:52
Richard Palmer-Smyth	1:04:52
Sarah Perrett	1:10:05
Flora Brooke	1:12:31
Nick Summons and Jane Feather	1:31:10

Sunday 8th October

Race On The Chase Marathon – a scenic and undulating trail race from Salisbury Racecourse along the chalky droves and hills of Broad Chalk valley.

Mark Riley 4:11:15 4th Mens

Sunday 8th October

Bournemouth Half Marathon - The course follows the old Full Marathon route, taking in both Boscombe and Bournemouth Piers along this stunning coastal route.

Piotr Sulecki 1:33:26 Craig White 2:38:19

Saturday 4th October

East Devon 8 Trigs — a self-navigation beautifully varied trail 50k ultra taking in 8 tig points in East Devon. Starting at Budleigh Salterton seafront, the route follows the South West Coast Path, before crossing Woodbury Common to Harford Common and the Sid Valley to rejoint the South West Coast Path at Weston Cliff.

Richie Bryant 8:53

(running with Rob Moore of Motcombe runners)

Sunday 1 October

Cardiff Half Marathon – one of the largest and most exciting road races in the UK and one of Europe's largest half marathons. The fast and flat route passes all of the city's most breathtaking scenery and iconic landmarks including Cardiff Castle, the Principality Stadium, and stunning Cardiff Bay.

Tom Mitchell 1:22:11

Sunday 1 October

Clarendon Half Marathon – an off road, picturesque and challenging route along the following ancient country tracks and paths of the Clarendon Way from Broughton to Winchester.

Neil Cranidge 2:34:18 Jane Ward 2:34:19

Saturday 30 September

Seven Valleys Ultra – an epic ultra-marathon in the stunning landscape of the Lake District National Park, a UNESCO World Heritage Site. In Dave's words a tough day in the Lakes – 50mph winds, bogs, drizzle and some monster climbs. Legs are in bits! 100km with 11,860ft of climb.

Dave Cox 18:51:10

Sunday 24 September

Bedford Autodrome Marathon – a unique opportunity to run at the one and only Bedford Autodrome and enjoy the thrill of running 8 laps on smooth traffic free tarmac motor racing circuit!

Chris Wright 2:53:56 4th MV35

Sunday 24 September

Black Hill 10k – Classic trail running in the heart of Dorset, taking in the muddy trails and woodland tracks of Black Hill with a great downhill finish.

Philip Reese	0:46:07
Michael Peters	0:54:37
Chris Perrett	0:59:14
Jane Ward	1:06:11
Neil Cranidge	1:06:12
Sarah Perrett	1:13:19
Barry Jenkins	1:19:10

Sunday 24 September

Round The Lakes 10k – a flat and fast 10k, comprising 3 laps around Poole Park.

Ian Barnes43:04Dave Jackson44:43Richard Palmer-Smyth55:27

Sunday 17 September

Doone Run – An outstanding Trail run within Exmoor National Park amid the breathtaking scenery surrounding beautiful Lynmouth. Runners taking part in this 10-mile race will be treated to a challenging course along coastal paths and wooded riverside banks encompassing stunning scenery from Watersmeet to the Valley of the Rocks.

Jane Ward 2:15:14
Neil Cranidge 2:15:14

Saturday 16 September

Cheddar Gorge 10k – Rolling for the first 2.5k then a 7.5k downhill sprint to the finish. On closed roads with a 150m net height drop makes this an unbeatable PB race.

Julie Wareham 57:12

Wednesday 13 September

Yeovilton Summer Series 5k – Fast and flat road race from Yeovilton.

Tom Mitchell 17:35

David Jackson 21:21 4th MV60+

Sunday 10 September

New Forest Half Marathon – a stunning multi-terrain route through the heart of the New Forest, a blend of forest enclosures on gravel tracks and tarmac. Far reaching views of more forest landscape, ponies, cows and donkeys.

Jane Ward 2:09:08 Neil Cranidge 2:09:08

Sunday 10 September

Kirchhain Stadtlauf (Old Town Run) 10k – cited as being of interest to ambitious athletes only covering 8 fast and flat laps.

Matthias Webber 50:19 1st M35

Saturday 9 September

White Horse 50k – the route set in beautiful Wiltshire hills, visiting 4 of the famous chalk white horses etched into the hills and passing the world heritage site, Avebury Stone circle. The hills are gentle, and the trails are very picturesque!

Dave Jackson 7:10 5th Overall, 3rd Male



Sunday 3rd September

The Beast "Stairway To Heaven" – a tough undulating 12.6-mile run from Corfe Castle, with stunning views and steep hills, including the steps from St Aldhelm's Lookout Station and Houns-tout Cliff.

Fabs Teraghi 2:14:22
Dave Jackson 2:19:45
Ian Barnes 2:20:07
Richard Bryant 2:26:40



Chris Perrett	2:29:32
Jane Ward	2:55:45
Neil Cranidge	2:55:45
Angela Jamieson	3:02:26
Adam Frampton	3:02:26
Sarah Perrett	3:19:11

Saturday 2nd September

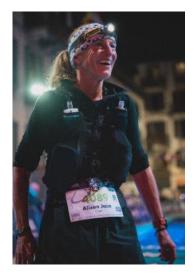
Man vs Mountain – a 22 mile journey that starts at sea level in the stunning Caernarfon Castle and weaves its way to the summit of Snowdon and down the other side into Dimeric Quarry where we've thrown in an array of action-packed obstacles, including the infamous Vertical Kilometre and Walk the Plank guarry jump.

Barry Jenkins 8:42:18

Friday 1 September

Ultra Trail du Mont Blanc CCC 100k – the prestigious UTMB® world series pinnacle 100k race. The CCC race is the 100k category final of the UTMB World Series. It marks the culmination of a quest for ultra-endurance runners only accessible after collecting Running Stones. A unique journey of ultra-endurance from Courmayeur to Chamonix, covering 62.1 miles, 20,196+ feet of climb.

Jane Gould 19:26:54 1st FV50+ 7th GB Female



Sunday 20 August

Dorset Doddle – 32 miles of the coastal path from Weymouth to Swanage, with stunning views and including some tough climbs. Being a LDWA event there's a rolling start and a meal provided at the finish.

Tracy Cook	7:03
Dave Fitzsimon	8:51
Siobhan McFeely	8:51
Suzanna Baker	8:52
Nick Summons	9:30
Matt Clayton	9:53

Sunday 20 August

Bath Two Tunnels Half Marathon – a truly special race that not only takes in many of Bath's beautiful attractions, but also has the longest underground section in the UK. Cutting right under the Bath, the two tunnels race offers a truly unique running experience.

Stewart McConnell 2:09:13

Wednesday 9 August

Yeovilton Summer Series 5k – Fast and flat road race from Yeovilton.

Tom Mitchell 18:19

lan Barnes 20:01 1st MV60+ PB

David Jackson 21:48 2nd MV60+

Sunday 6 August

Sturminster Newton Half – on quiet country lanes from Sturminster Newton, going through Manston, Margaret Marsh, Stour Row, Todber, Moorside and Hinton.

Shaz Wahab (lead bike) 1:14:31

Nick Reynolds 1:18:05 PB 1st MV40+

Chris Wright 1:19:32 PB 6th SM

Stuart Martin 1:39:05 6th MV60+

lan Barnes 1:39:23 PB

Dave Jackson 1:41:44

Richie Bryant 1:43:54

Michael Peters 1:44:39

Matthias Weber 1:49:08

Stewart McConnell 2:04:07

Richard Palmer-Smyth 2:20:24

Suzanna Baker (Sweeper) 3:56:49

Chris Perrett (Sweeper) 4:00:44

Sunday 6 August

Sturminster Newton 5k

Geoff Hammond 36:08

Paul Russell (Sweeper) 54:53

Wednesday 2 August

Haselbury Trail 10k – a very scenic two lap cross country evening run, undulating, slippery paths and footbridges, with a water crossing and a steep hill all done twice.

Dave Jackson 0:54:15

Jane Ward 1:03:35

Thursday 20 July

Doddler Duathlon – a fun internal club event comprising a short 1.6m run, then one of 2 bike routes (road bikes completing 9.4miles and MTB doing 7.8miles) followed by a 2nd run of 2.1miles.

Justin Perry & Phil Monk	0:47:29	1st team
Nick Hall	0:51:54	1st Solo
Ian Barnes & Jane Ward	0:53:13	1st mixed team
Paul Stockley	0:55:03	
Chris Perrett	0:55:38	
Dave Jackson	0:56:58	
Sharon Hutchings	0:58:28	1st Solo Lady
Adam Frampton	1:03:43	
Angela Jamieson	1:03:44	
Lynda & John/Christine	1:08:36	
Oliver/Paul Russell	1:11:04	
Norma Allison & Lisa Yates	1:23:07	1st Ladies team

Sunday 16 July

Exe Estuary Marathon – the multi-terrain route follows the Exe Estuary up to Exeter, then down to Exmouth before joining the South-West Coast Path to Budleigh Salterton.

Dave Jackson	4:13:00	1st MV65
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Wednesday 12 July

Yeovilton Summer Series 5k – Fast and flat road race from Yeovilton.

18:30		
20:09	3rd MV60+	РВ
21:58		
31:08		
	20:09	20:09 3rd MV60+ 21:58

Sunday 2 July

Portland 10 – a testing 10-mile route including a lap and a half round Portland Island, including an out and back to Portland Bill.

Gary Blaber	1:03:11	6th MV40
lan Barnes	1:15:44	3rd MV60
Michael Peters	1:16:15	5th MV60
David Hurst	1:29:08	
Richard Palmer-Smyth	1:41:20	
Barry Jenkins	1:50:08	

Sunday 2 July

Lundy Half Marathon – a unique trail running experience along pristine, wildlife encrusted tracks and footpaths of this remote island 2hrs off the coast of N Devon. The route includes steep steps to the North lighthouse and traversing the undulating eastern and western clifftops, clinging to the precipitous slopes and along the central spine of the island. A tour of this beautiful and rugged island in all its glorious entirety.

Jane Ward 3:29:27 Neil Cranidge 3:29:27

Sunday 2 July

Goodwood Running GP Marathon – a unique opportunity to run at the UK's world-famous Goodwood Motor Circuit. The race comprises 11 flat and quick laps around the circuit, perfect for chasing personal best performances.

Dave Jackson 3:43:05 2nd MV65+

Wednesday 28 June

Forde Abbey 10k – set in the heart of West Dorset, the Forde Abbey 10k cross country race rolls though woodlands, meadows, and rivers, including mud, rocky tracks, hills, big views, more hills and two river crossings.

Barry Jenkins 1:22:01

Sunday 25 June

Dorset Conquest Half – a scenic Roman themed trail race started by a Roman Centurion at East Farm and travelling through undulating footpaths and bridleways across Dorset farmland. The route travels along a scenic drove way, across downland and woodlands in the heart of Dorset with an abundance of wildlife and flora. Part of the race travels along an ancient Roman Road.

Suzanna Baker 2:02:16 1st FV40

Dave Jackson 2:09:39 2nd MV60

Paul Fowles 2:33:04 7th MV50

Sandra Fowles 2:33:04 1st FV50

Thursday 22 June

John Deacon Handicap — an internal club handicapped race where runners are set off according to their recent race pace with the slowest members set off first. The results below are the actual run times immune from any handicapped start times. However, first across the line to win the prestigious trophy was Neil Cranidge who beat his estimated time by 5-mins.

Gary Blaber 40:16

Justin Perry 45:43

Nick Hall 46:10

lan Barnes	46:47	
Mark Riley	48:00	
Michael Peters	48:52	
Neil Cranidge	50:21	
Chris Frear	51:18	
Matthias Webber	51:21	
Liz Murfin	55:38	1st Lady
Chris Perrett	55:44	
John Willis	56:05	
Amanda Jenkins	56:58	2nd Lady
Lisa Yates	1:00:49	3rd Lady
Oliver	1:01:14	
Paul	1:01:57	
Richard Palmer-Smyth	1:03:48	
Sarah Perrett	1:10:21	
Jane Feather	1:11:47	



Sunday 18 June

Tarrant Valley 10k – a multi-terrain 10km race set within the Cranborne Chase AONB, mostly on well-surfaced bridleways and farm tracks, with a spectacular view over the North Dorset countryside before the 800m descent back to the village.

lan Barnes	45:59	3rd MV60
Sharon Hutchings	46:50	2nd FS
Lynda Faulkner	47:36	1st FV55
Chris Perrett	53:26	
Sarah Perrett	1:06:01	
Jane Feather	1:09:51	
Barry Jenkins	1:12:42	



Sunday 18 June

Giants Head Half Marathon – as below but not half as far.

Matthias Weber 2:28:10

Saturday 17 June

Giants Head Marathon – White Star Running's flagship event, with a very challenging and hilly route through the Sydling and Cerne valleys. A tough race with steep climbs, sharp descents, and the most amazing views.

Fabs Terzaghi 4:18:27 2nd MV55

Tim Cotton 5:17:05 Phil Reese 5:17:54

Saturday 17 June

Sydling Hill Race – as above but 11km.

Emma Dorey 1:21:01

Saturday 17 June

The Maverick Adidas Terrex Original Dorset – Long 23k – set along the rugged Jurassic coastline, where seabirds soar, and ancient caves litter the coastline. Steeped in Heritage and with technical rocky coastal sections with steep climbs and descents, there is no possible way that the Maverick Adidas Terrex Dorset Original event will disappoint.

Lucy Brown 3:23:29
Nick Frampton 3:23:35
Adam Frampton 3:45:29

The Maverick Adidas Terrex Original Dorset – Medium 14k - as above but shorter.

Angela Jamieson 2:10:41

Sunday 11 June

Puddletown Plod Half – an undulating road race, part of the DRRL. A single lap taking runners through Puddletown Forest to run parallel to the River Frome before heading back through the Forest.

Nick Reynolds	1:18:40	2nd MV50
Michael Peters	1:38:26	4th MV60
Lynda Faulkner	1:39:21	2nd FV50
Arabella De S-K	1:42:48	5th FV40
Suzanna Baker	1:49:13	7th FV40
Jane Ward	2:28:54	
Jill Watson	2:30:06	



Doddlers were also 3rd overall ladies' team – brilliant effort ladies.

Sunday 11 June

Cheddar Gorge Half Marathon – a single lap route around Cheddar Gorge and Beacon Batch, the highest point on the Mendip Hills, very hilly with amazing views.

Craig White 2:45:38

Sunday 11 June

Carsington Water Half Marathon – an undulating route on trail paths around Carsington Water with epic views of the surrounding countryside.

Paul Fowles 2:18:01

Sandra Fowles 2:18:01 3rd FV50

Saturday 10 June

Sailsbury Plain Marathon – a challenging route across Salisbury Plain with some of the best views in Wiltshire.

Dave Jackson 4:46:01

Saturday 10 June

South Downsway 100 – The SDW100 is a 100-mile foot race taking in the entire south downs way national trail. The south downs boast stunning rolling hills, ancient forts, picturesque villages, and expansive views across southern England.

Dave Cox 26:47:23

Saturday 3 June

VOGUM 40 - a 40-mile adventure along the beautiful and challenging Wales Coast Path in the Vale of Glamorgan, from Porthcawl in the West to Penarth in the East. An invigorating route that takes in golden beaches, dramatic cliffs, Ogmore Castle and the infamous steppingstones.

Dave Fitzsimon 8:14:19

Saturday 27 May

Dark Ox - a quarter marathon event comprising hilly loops around Cranbourne Chase Woods at dusk.

Sally Hunt 51:15 1st Lady

Mark Damen 56:49

Thursday 25 May

Suzie Viv Hill Race – Climb - this race is organised by Spencer Mogridge and starts and finishes in Okeford Fitzpaine. It starts in handicap order to climb up Okeford Hill, then a mass start for the steep descent.

	Time Up	Time Down	Total Time
John Willis	11:49	5:00	16:49
Chris Perret	11:38	5:49	17:27
Ian Buckingham	12:11	5:17	17:29
lan Barnes	12:40	4:56	17:36
Dave Fitzsimon	12:35	5:01	17:36

David Hurst	12:30	5:13	17:43	
Paul Russell	13:04	4:45	17:49	
Nick Hall	12:47	5:03	17:50	
Rich Hull	12:28	5:29	17:56	
Neil Cranidge	12:51	5:12	18:03	
Sarah Perrett	11:30	7:17	18:47	1st lady
Jane Ward	12:56	5:59	18:55	2nd lady
Amanda Jenkins	13:29	5:37	19:06	3rd lady
Mark Riley	14:11	5:10	19:21	
Lisa Yates	14:20	5:53	20:13	4th lady
Andrew Tuffin	15:03	5:41	20:44	

Sunday 22 May

Wessex Ridgeway 100k Relay - Starting at Tollard Royal Pond in Wiltshire, the route follows the very scenic Wessex Ridgeway to Uplyme in Devon, 100km in 12 legs of 4-8 miles each, with teams of 2-6 runners, each runner completing at least 1 leg.



Wesexy Runners 09hrs 55m Dorset Midnight Runners 12hrs 36m



Sunday 22 May

May 5 – a great local 5-mile race around Canford Heath with start and finish at Ashdown Athletics Track. Part of the Dorset Road Race League (DRRL).

Roger Teasdale	35:37
Arabella De S-Khandwala	36:19
Sally Hunt	36:51
Mark Damen	38:46
Jane Feather	52:21



Sunday 22 May

Worcester 10k – a road 10k along beautiful rural lanes

Amanda Jenkins 55:59 3rd FV45

Saturday 20 May

Race The Tide – Long Marathon – 28.5 miles of glorious tracks and trails, including private footpaths, bridle paths, fields, woodland and Southwest Coast Path - both side of the estuary including a section along Bigbury beach and a run across the causeway to Burgh Island.

Fabs Terzaghi	5:23:48	1st MV50
Lynda Faulkner	5:59:34	1st FV50
Justin Perry	6:40:22	
Tim Cotton	6:50:55	
Damian Patterson	7:08:20	
John Townsend	7:08:23	

Sunday 14 May

Copenhagen Marathon — a fast and flat course leads you through iconic neighbourhoods and by spectacular attractions in a festive atmosphere together with 12,000 other runners. The city, the many spectators, music and entertainment creates a fantastic vibe for everyone.

Tom Mitchell	3:14:41	PB
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Sunday 14 May

Great Bristol Half Marathon — a fast and flat course with a rocking atmosphere, inspiring history, graffiti murals and a start line DJ.

Mathias Weber	1:46:04	PB
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Sunday 14 May

Hardy Half – the inaugural running of this fantastic event, with a stunning albeit challenging route, with over 1,400ft of ascent, across farmland, tracks and footpaths and including a loop of the iconic Hardy Monument and Britain's largest Iron Age fort, Maiden Castle. All proceeds of the race going to local charities including Farming Community Network.

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Michael Peters		1:55:21	1st MV60+
Jane Ward		2:36:27	
Neil Cranidge		2:36:27	
Sarah Perrett		2:44:13	
Adam Frampton		2:44:59	
Angela Jamieson		2:44:59	
Craig White		2:52:43	
Rebecca White		2:54:31	
Barry Jenkins		3:17:18	



Sunday 30 April

North Dorset Village Marathon – a picturesque race along country lanes through the villages of Hinton St Mary, Marnhull, Stalbridge, Todber, Stour Row, Margaret Marsh, West Orchard, Farrington, Child Okeford and Hammoon. An undulating marathon with plenty of support at the relay change-over points.

Stuart Martin	3:29:55	2nd MV60+
lan Barnes	3:48:38	6th MV60+
Dave Jackson	4:08:15	
David Hurst	4:15:54	

Chris Perrett 4:18:13
John Townsend 4:22:21
Lucy Edwards 4:22:21

Sunday 30 April

NDVM Relay – a popular relay comprising 4 legs along the marathon route.

Dorset Doddlers I 2:47:42 1st Mixed Team

(Gary Blaber, Justin Perry, Molly Rasch, Duncan Ward)

Rama Lama 3:33:13

(Nick Summons, Neil Cranidge, Matthias Weber, Jane Ward)

Dorset Doddlers II 3:37:49

(Fabrizio Terzaghi, Lynda Faulkner, Damian Patterson, Tim Cotton)

Saturday 29 April

Butcombe Trail Ultra 50 – a self-navigation ultramarathon around six pubs in the Mendip Hills, a designated area of outstanding natural beauty. A mostly off-road route with 2,000m of ascent, taking in beautiful running country and fantastic views.

Paul Russell 10:53:51

Sunday 23 April

London Marathon – a world famous marathon with a route that has remained largely unchanged since the inaugural race in 1981 and encompasses many of the capital's most mesmerising landmarks, old and new.

Phil Reese	3:10:16
Piotr Sulecki	3:16:54
Arabella De S-K	3:50:08
David Jackson	3:58:29
Neil Cranidge	4:07:08
Julia Slade	4:18:08
Craig White	5:08:30

London Marathon saw Dave Jackson run his lifetime 100th marathon and his 50th in sub 4hrs. A fantastic achievement, well done Dave! And for Arabella this was her first marathon!

Sunday 23 April

Corsham 10k – celebrating its 40th anniversary this event is one of the biggest 10ks in Wiltshire, attracting 1400 runners through the historic town and pretty villages.

Sally Hunt	46:19.9	4th FV40
Mark Damen	47:13.6	
Stewart McConnell	48:27.3	

20 April

Broad Oak Hilly – Our very own hilly internal club champs race organised by Tim Cotton. An out and back to ensure all the hills are experiences both up and down, and where all the hills seem to be up apart from the last steep decent to the finish. A rare treat and great fun, nevertheless.

Nick Hall	28:49
Mark Riley	29:12
Paul Russell	29:42
Michael Peters	30:05
Lynda Faulkner	30:24
John Willis	32:07
Andrew Tuffin	32:16
Roger Teasdale	32:28
Steve Rigby	32:28
Richard Hull	32:59
Stewart McConnell	34:07
Flora Brooke	43:01
Jane Feather	46:48
Barry Jenkins	46:48

16 April

Marnhull 12k – an undulating scenic 12k road race starting and finishing in picturesque Marnhull.

Gary Blaber	45:24
Stephen Page	50:18
Stuart Martin	54:00
Michael Peters	55:24
Paul Stockley	56:30
John Willis	58:33
Roger Teasdale	58:34
Andrew Tuffin	1:00:35
David Hurst	1:01:14
Stewart McConnell	1:02:14
Chris Perrett	1:02:25
David Jackson	1:04:19
Jane Ward	1:09:52
Craig White	1:09:56

Sarah Perrett	1:13:28
Flora Brooke	1:19:38
Jane Feather	1:26:15
Ines Braun	1:26:40

16 April

Manchester Marathon – a popular spring road marathon with great support and atmosphere.

Steve Rigby 2:37:52 **PB**

16 April

Dorset Ooser Marathon – a very scenic and undulating trail race on woodland paths and farm tracks.

Mark Riley 5:23:02

16 April

Dorset Ooser Half Marathon – as above but half the distance.

Nick Summons 2:47:26
Nick Frampton 2:47:26
Adam Frampton 2:51:32
Angela Jamieson 2:51:33
Emma Dorey 2:52:37

2 April

Brighton Marathon – a unique city-to-coast course taking runners past iconic landmarks with incredible crowd support, a new finish at Hove Lawns and a new and improved route for 2023 with stunning coastal and city views.

Justin Perry 3:44:16
Jane Ward 4:29:10
John Townsend 4:30:29

2 April

Reading Half Marathon – returning for its 41st year this popular race that starts and finishes in the Madeiski Stadium, is well organised with a superb atmosphere and is one of the most enjoyable events in the running calendar.

Tom Mitchell 1:20:23

2 April

Southampton Marathon – a 2-lap route including green parks, shoreline, and riverside views, beginning, and ending at the iconic Southampton Guildhall.

Helena Bastable 5:14:12

2 April

Sweetcombe Scramble Marathon (at JP's Exe to Axe) – a self-navigation route from Exmouth to Seaton along the Jurassic Coast with an additional loop inland along the River Otter. Including 4,000ft of ascent.

David Jackson 5:53:00 1st MV60+

2 April

Pen Selwood 10k – a pretty, undulating route on country lanes.

Chris Perrett 0:51:23
Richard Bryant 0:51:54
Sharon Hutchings 0:53:03
Sarah Perrett 1:02:59
Barry Jenkins 1:08:22
Flora Brooke 1:24:23
Orlando Brooke 1:24:23

1 April

The Oner – Rab's Ultra – the original coast path ultra run – 84 miles from Charmouth to Studland, over the world-famous Jurassic coastline with a strict 24-hour time limit to complete the course. Self-navigate via check points day and night – a seriously tough event with only 50% of runners normally making it to the finish line.

Jane Gould 23:36:54 1st and only lady to complete

26 March

Yeovil Half Marathon – starting on closed roads around the Town Centre before heading along Yeovil Country Park then out to Montacute House before returning on quiet country roads to the atmospheric town centre finish.

Chris Perrett 1:55:51
Sarah Perrett 2:17:55

26 March

City of Salisbury 10-mile Road Race — a friendly race that follows a scenic route north of Salisbury following the banks of the River Avon through the gently undulating Woodford Valley with fine views of the cathedral spire on the return leg.

Roger Teasdale 1:25:42

19 March

Eastleigh 10k — a fast flat route with serious PB potential

Nick Reynolds 36:10 PB Molly Rasch 36:30 6th F30+

37:17

Geoff Horwood 1:13:04



19 March

Tom Mitchell

Weymouth Half Marathon – a popular seaside half marathon, providing runners with a historical and scenic tour of Weymouth's past and landscape, through the town, sea front, country park, and gardens. A flat course and a Jurassic finisher's medal.

PB

Gary Blaber 1:20:59 2nd MV45+

Arabella De S-K 4th FV40+ PB 1:37:22

Helena Bastable 1:59:37







12 March

Spring Larmer Tree Half Marathon – taking in the valleys of the Rushmoor Estate, with spectacular

7th MV50+

views across the countryside, this is a tough race with some steep climbs, sharp descents views.

> Matthias Weber 2:37:11 Nick Summons 2:37:15

Neil Cranidge 2:37:18 6th MV55+ Jane Ward 2:37:19 3rd FV50+

Spring Larmer Tree 10 Mile Canicross – as above but a bit shorter.

Suzanna Baker & Murphy 1:29:50 4th Lady



11 March

Spring Larmer Tree 20 Mile – a tough trail race with some steep climbs, and sharp descents, taking in the valleys of the Rushmoor Estate, with spectacular views across the countryside.

Justin Perry 3:10:52 7th Overall, 1st MV50+

05 March

Cambridge Half Marathon — one of the UKs biggest and most beautiful, closed road half marathon, a truly unforgettable journey through one of the UKs most scenic cities. A flat route with real PB potential.

Tom Mitchell 1:21:11 PB

05 March

The Grizzly – a tough 20-mile trail race across the glorious East Devon coastline with much entertainment along the way, including live music, knee deep mud, vertical cliffs, and stunning views.

Rachel Harrison	4:37:42
Jane Ward	4:38:09
Neil Cranidge	4:38:10
Nick Summons	4:38:11



05 March

Up on the Downs Half Marathon – undulating route from Breamore House, on trails and country path, taking in the stunning countryside of this rural area.

lan Barnes	1:49:27	
Sally Hunt	1:55:39	2nd Lady
Ali Blaney	2:03:16	3rd Lady
Mark Damen	2:03:30	
Adam Frampton	2:42:29	
Angela Jamieson	2:42:33	
Jill Watson	2:42:35	

05 March

AVR Imber Ultra – a trail race of approximately 33 miles starting at the foot of Salisbury Plain in Westbury and follows the Imber Range Perimeter Path in an anticlockwise direction.

Jane Gould	5:55:16	1st FV50+

David Cox 5:56:17

David Jackson 6:06:27 1st MV60+

05 March

Weymouth 10k – a fast flat, 2 lap route from Bowleaze Cove, running alongside the beach.

Michael Peters 44:53

26 February

Napoli City Half Marathon – with the most breath-taking view of the Mediterranean, the Napoli City Half Marathon takes you to the most beautiful and historic parts of the city. The race is fast, perfect for testing your limits and improving your personal bests, but also enjoyable thanks to the wonderful scenery of the course and the mild temperatures around 13 degrees.

Molly Rasch 1:23:40 10th Lady



12 February

Lytchett 10 – an undulating 10-mile road race around the villages of Lytchett Matravers and Lytchett Minster.

Michael Peters	1:13:55	6th MV60
lan Barnes	1:14:00	
Arabella de S-K	1:17:14	6th FV40
Sally Hunt	1:17:23	
Mark Damen	1:17:51	
Matthais Weber	1:22:25	
Jane Feather	1:50:12	
Ines Braun	2:00:30	

12 February

Portland Coastal Half Marathon – a stunning coastal trail run taking in a complete loop of Portland Island along the coast path, with spectacular sea views the whole way, plenty of fresh air and steep hills.

Jane Ward	2:34:49
Neil Cranidge	2:34:49

05 February

Blackmore Vale Half Marathon – quiet undulating country roads in a beautiful area of North Dorset, organised by the Blackmore Vale Lions Club raising money for various charities.

Steve Rigby 1:15:55

Duncan Ward	1:25:25	
Stuart Martin	1:36:35	
Justin Perry	1:36:44	
Lynda Faulkner	1:37:34	1st FV55+
Matthias Weber	1:53:04	
Neil Cranidge	1:53:45	
Chris Perrett	1:55:27	
John Townsend	1:57:20	
David Hurst	1:59:11	
Jane Ward	2:09:29	



27 January

Midweek Chasing Numbers Marathon – Another lapped route, out and back along the Thames River in Runnymede.

David Jackson 4:25:54

27 January

La Sportiva Arc Of Attrition – An impressive 100miles with 13,917ft of climb, and a 36-hour cut off. A point-to-point extreme coastal race taking in the stunning and dramatic Cornish Coast path from Coverack to Porthtowan, in challenging winter conditions.

Jane Gould 29:38:24 1st FV50



22 January

Milborne 10 – a tough undulating single lap internal club road race, along the country lanes from Milborne St Andrew through Hilton and the very picturesque Milton Abbas. In Milborne 10 race tradition all runners received a Cup-a-Soup at the finish. It was great to see so many Doddlers complete the race.

Justin Perry	1:10:08	1st Mens
Lynda Faulkner	1:10:48	1st Ladies
Arabella de S-K	1:11:38	2nd Ladies
lan Barnes	1:11:45	2nd Mens
Michael Peters	1:11:57	3rd Mens
Chris Perrett	1:22:25	
Neil Cranidge	1:24:57	
Tim Cotton	1:27:25	
John Townsend	1:27:25	

Craig White	1:28:10	
Jill Watson	1:30:48	3rd Ladies
Paul Russell	1:32:04	
Jane Ward	1:42:02	
Flora Brooke	1:42:02	
Jane Feather	1:45:07	
Geoff Hammond	1:47:54	



22 January

Romsey 5 mile – set within the beautiful grounds of The Broadlands Estate, once the home of The Earl Mountbatten of Burma. The surface is mainly tarmac with a short distance of smooth hardcore. The course is 3 laps of the estate making it one of the flattest 5-mile races in the county and as such attracts athletes from further afield looking for a PB time.

Molly Rasch	29:15	1st Ladv

Geoff Horwood 55:42

01 January

Junction Broadstone Quarter Marathon – an undulating road race qualifying for DRRL, well done to those who made the effort, a fantastic start to the year.

Steve Rigby	38:52
Molly Rasch	39:30
Duncan Ward	41:12
Justin Perry	45:29
Tracy Cook	47:22
Sally Hunt	49:50
Arabella De S-K	50:13
Ali Blaney	50:59
Mark Damen	51:45
Ines Braun	1:15:23



