

Milborne 10 – internal club race, included in Club Championship Results

Date: Sunday 22nd January 2023

Meet at: 10am for a 10:30 start

This used to be a popular local road race in the first week or so of January until circa 2012. The race holds fond memories for Doodlers who ran it as a friendly albeit tough race signifying the start of the racing season. So now it's back by popular demand as an internal club race, also a Club Champs race. Please come along, whether you're fast or run at a more considered pace, all welcome.

RACE INSTRUCTIONS

The race will start at 10:30am opposite the village shop on Milton Road. Please arrive in good time to get parked, prepared and walk to the start.

Parking: Please park at Milborne St Andrew Village Hall, The Causeway, Milborne St Andrew DT11 0JX. Please do not park along village roads as we don't want to upset local residents.

Directions: From Blandford/Sturminster approach along the A354, turn left onto The Causeway, then left again into the village hall car park. If you're approaching via Ansty, then turn left onto the A354 (Dorchester Hill), then opposite the Post Office turn right onto The Causeway.

Toilets: There are toilets available in the village hall.

Earphones: this is an open road race, so we'd prefer that you didn't wear earphones.

The Route: Shams has very kindly agreed to guide you along the route as lead bike. If for some reason you don't keep up with the leaders, the route will be marked with big yellow signs with black arrows indicating the route at pertinent junctions. There will be long sections without markers but just keep the faith and keep going until the next marker.

Route description: From the start run along Milton Road for 1.6 miles, then turn left towards Ansty Cross. Shortly after you reached the top of the hill, at 4.75 miles, turn sharp right signed to Hilton and Milton Abbas. After a further 0.5 miles stay on the main lane through Hilton village towards Milton Abbas. After passing Milton Abbas school on your right, follow the lane round to the right, signed to Milton Abbas, to run up a short hill under trees. Continue down the hill, then as you come into Milton Abbas at a T-junction turn right, signed Milborne St Andrew. Keep to the pavement along this section. Then follow the road round to the left, again signed Milborne St Andrew, and continue for another 2.4 miles to the finish.

Garmin: <https://connect.garmin.com/modern/course/46171493>

You earned it: in Milborne 10 race tradition, on finishing the race you will be given a cup-a-soup and if you're lucky a fantastic Wessex Ridgeway mug; you can then make your way over to the village hall to make your own soup. We don't want to wash up your mug, so it's yours to keep – amazing I know! There will also be tea bags if you'd prefer a cuppa and keep the soup for later.

See you all there

Jane

