

## AGE-ADJUSTED CLUB CHAMPIONSHIP 2022

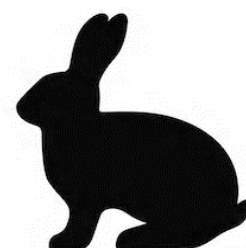
Milborne 10		09 Jan 10 miles				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Nick	Brooke	69	01:15:41	00:57:11	1	
Stuart	Martin	61	01:13:23	00:59:23	2	
Michael	Peters	60	01:14:44	01:01:03	3	
Justin	Perry	49	01:11:47	01:04:41	4	
Tom	Mitchell	27	01:06:31	01:06:31	5	
Lynda	Faulkner	56	01:21:37	01:06:37		1
Roger	Teasdale	46	01:14:42	01:09:02	6	
Neil	Cranidge	55	01:22:59	01:10:58	7	
Paul	Russell	48	01:19:40	01:12:25	8	
Mark	Damen	35	01:13:45	01:13:17	9	
Sally	Hunt	39	01:15:41	01:13:59		2
Craig	White	61	01:34:51	01:16:45	10	
Jane	Ward	53	01:31:07	01:17:15		3
Arabelle	De SK	43	01:21:54	01:17:28		4
Ali	Blaney	41	01:20:46	01:17:33		5
Jill	Watson	49	01:29:08	01:19:19		6
Simon	Partridge	52	01:32:21	01:21:06	11	
Julia	Slade	46	01:29:08	01:22:01		7
Angela	Jamieson	49	01:38:46	01:27:53		8
Amanda	Ackroyd	43	01:33:52	01:28:47		9
Barry	Jenkins	56	01:44:55	01:28:55	12	
Victoria	West	47	01:48:52	01:40:10		10
Ines	Braun	55	02:02:52	01:42:53		11



Sika 10k		13 Feb 10k				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Michael	Peters	60	0:47:03	0:38:19	1	
Neil	Cranidge	55	0:50:44	0:43:13	2	
Craig	White	61	0:55:20	0:44:39	3	
Sally	Hunt	39	0:46:02	0:45:11		1
Mark	Damen	35	0:47:42	0:47:16	4	
Ali	Blaney	41	0:48:00	0:47:18		2
Jane	Ward	53	0:56:58	0:48:37		3

Yeovil Half		27 Mar 13.1 miles				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Neil	Cranidge	55	1:52:51	1:36:44	1	
Jane	Ward	53	2:01:29	1:43:00		1
Arabella	deS-K	43	1:49:30	1:43:34		2
Mark	Damen	35	1:45:46	1:45:14	2	
Barry	Jenkins	56	2:19:02	1:58:06	3	

Marnhull 12k		03 Apr 12k				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Nick	Berry	48	0:48:02	0:43:31	1	
Molly	Rasch	31	0:46:09	0:46:08		1
Paul	Stockley	54	0:57:04	0:49:07	2	
Neil	Cranidge	55	0:59:28	0:50:44	3	
Flora	Brooke	69	1:15:19	0:51:38		2
Ali	Blaney	41	0:56:51	0:54:52		3
Sally	Hunt	39	0:56:17	0:54:59		4
Chris	Perrett	54	1:04:26	0:55:27	4	
David	Hurst	55	1:05:27	0:55:50	5	



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Craig	White	61	1:09:38	0:56:15	6	
Mark	Damen	35	0:57:04	0:56:37	7	
Jane	Ward	53	1:06:58	0:57:09		5
Arabella	DeS-K	43	1:01:05	0:58:06		6
Guy	Readman	40	1:00:25	0:58:22	8	
Jill	Watson	49	1:05:32	0:58:41		7
Tim	Cotton	56	1:10:41	0:59:46	9	
Julia	Slade	46	1:05:32	1:00:41		8
Barry	Jenkins	56	1:18:35	1:06:27	10	
Adam	Framton	50	1:14:55	1:06:45	11	
Angela	Jamieson	49	1:14:55	1:07:05		9
Sarah	Perrett	48	1:14:46	1:07:44		10
Victoria	West	47	1:18:44	1:12:08		11
Stephen	James	51	1:50:43	1:37:48	12	
Rachel	Harrison	49	1:50:43	1:39:09		12

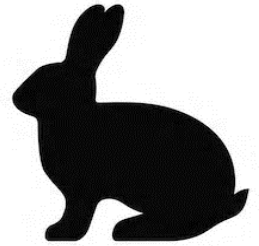
Broad Oak Hilly		21 Apr 4 miles				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Steve	Rigby	38	23:03	22:17	1	
Roger	Teasdale	46	26:04	23:44	2	
Michael	Peters	60	29:52	24:17	3	
Nick	Reynolds	42	26:00	24:24	4	
Spencer	Mogridge	52	28:22	24:39	5	
Molly	Rasch	31	25:19	25:19		1
Justin	Perry	49	28:33	25:24	6	
Paul	Russell	48	29:10	26:09	7	
Ian	Buckingham	63	33:49	26:47	8	
Neil	Cranidge	55	31:39	26:50	9	
Lynda	Faulkner	56	32:31	27:00		2
Dave	Hurst	55	33:55	28:45	10	
Ali	Blaney	41	30:24	29:23		3
Richie	Bryant	44	32:16	29:50	11	
Andrew	Tuffin	48	33:17	29:51	12	
Flora	Brooke	69	43:05	30:11		4
Helena	Bastable	31	30:18	30:18		5
Jane	Ward	53	35:45	30:46		6
Steve	Fowles	49	34:58	31:07	13	
Sarah	Perrett	48	38:55	35:26		7
Victoria	West	47	41:07	37:50		8
Christine	Willis	63	52:10	39:40		9

Coombe Keynes 10k		19 Jun 10 km				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK

Portland 10		03 Jul 10 miles				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK

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<b>The Beast</b>		<b>04 Sep</b>		<b>13.1 miles</b>	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK



<b>Black Hill 10K</b>		<b>25 Sep</b>		<b>10 km</b>	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK

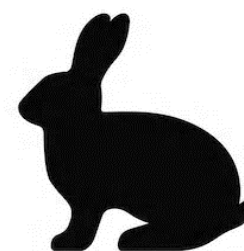


<b>Studland Stampede</b>		<b>16 Oct</b>		<b>7.5 miles</b>	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK

<b>Wimborne 10</b>		<b>20 Nov</b>		<b>10 miles</b>	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK

## AGE-ADJUSTED CLUB CHAMPIONSHIP 2022

STUR 5		01 Dec 5 miles			
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK



Best Marathon		Whenever 26.2 Miles					
RUNNER	AGE	ACTUAL	ADJUSTED	MALE	FEMALE	EVENT	DATE
Dave Jackson	63	03:42:46	02:57:06	1		Zurich	10-Apr
Roger Teasdale	46	03:11:01	02:57:08	2		Manchester	03-Apr
Justin Perry	49	03:53:55	03:31:26	3		Brighton	10-Apr
Nick Summons	49	04:21:36	03:56:28	4		Manchester	03-Apr
Lucy Edwards	43	04:21:35	04:08:14		1	Manchester	03-Apr
Paul Russell	48	04:44:38	04:19:30	5		Guernsey	03-Apr
Amanda Adams	43	04:44:33	04:30:05		2	Guernsey	03-Apr

Best 5K		Whenever 5K					
RUNNER	AGE	ACTUAL	ADJUSTED	MALE	FEMALE	EVENT	DATE
Duncan Ward	52	17:30	15:10	1		Weymouth Parkrun	15-Jan
Graham Smith	67	22:13	17:01	2		Blandford Parkrun	30-Apr
Michael Peters	60	21:19	17:20	3		Weymouth Parkrun	30-Apr
Nick Berry	48	19:03	17:24	4		Weymouth Parkrun	26-Feb
Joan Royal	84	37:33	17:38		1	Blandford Parkrun	09-Apr
Ian Buckingham	63	22:45	18:02	5		Blandford Parkrun	22-Jan
Roger Teasdale	46	19:56	18:05	6		Henstridge Parkrun	29-Jan
Orlando Brooke	38	19:16	18:29	7		Clapham Common	23-Apr
Molly Rasch	31	18:29	18:29		2	Old Showfield Pkrun	12-Mar
Paul Russell	48	20:49	18:30	8		Blandford Parkrun	23-Apr
Paul Stockley	54	22:01	18:47	9		Henstridge Parkrun	22-Jan
Ian Moore	50	21:59	19:21	10		Henstridge Parkrun	29-Jan
Neil Cranidge	55	22:55	19:24	11		Henstridge Parkrun	12-Mar
Justin Perry	49	22:06	19:29	12		Blandford Parkrun	23-Apr
Lee Collier	46	21:40	19:39			Blandford Parkrun	30-Apr

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Phillip	Bromilow		24:40	19:44	13		Blandford Parkrun	30-Apr
John	Townsend	51	23:13	20:17	14		Blandford Parkrun	22-Jan
Nick	Summons	49	23:03	20:26	15		Blandford Parkrun	22-Jan
Craig	White	61	26:02	20:45	16		Blandford Parkrun	09-Apr
Colin	Ryall	57	24:57	20:47	17		Henstridge Parkrun	26-Mar
Flora	Brooke	69	29:22	20:50		3	Blandford Parkrun	30-Apr
Shams	Wahab	59	25:25	21:00	18		Henstridge Parkrun	12-Mar
Phil	Monk	52	24:20	21:05	19		Blandford Parkrun	12-Mar
Lucy	Edwards	43	22:49	21:22		4	Blandford Parkrun	19-Mar
Mark	Damen	35	21:27	21:27	20		Blandford Parkrun	12-Feb
David	Hurst	55	24:43	21:35	21		Blandford Parkrun	23-Apr
Tom	Mitchell	27	21:38	21:38	22		Henstridge Parkrun	05-Feb
Sally	Hunt	38	21:47	21:47		5	Blandford Parkrun	12-Feb
Jane	Ward	53	25:42	22:13		6	Great Field Parkrun	19-Feb
Suzanna	Baker	40	23:02	22:25		7	Blandford Parkrun	26-Mar
John	Cowley	65	28:55	22:33	23		Blandford Parkrun	05-Feb
Ali	Blaney	41	23:26	22:41		8	Grove Fields	29-Jan
Frank	Wilson		24:44	24:04	24		Henstridge Parkrun	16-Apr
Sarah	Perrett	48	27:19	24:57		9	Blandford Parkrun	05-Mar
Adam	Frampton	50	28:56	25:28	25		Blandford Parkrun	05-Feb
Amanda	Adams	43	27:12	25:28		10	Blandford Parkrun	23-Apr
Chris	Cussen	72	35:04	25:45	26		Henstridge Parkrun	22-Jan
Christine	Willis	63	33:51	26:51		11	Blandford Parkrun	08-Jan
Stephen	James	51	34:35	30:12	27		Henstridge Parkrun	12-Mar

