

STURMINSTER HALF MARATHON RESULTS - 1ST AUGUST 2004

Place	Time	Name	Team	Cat	Pace	RaceNum
1	1:13:52	DAMON, Peter	Poole Athletic Club	Men Senior	05:38.2	392
2	1:16:29	HENNESSY, Andrew	Wells City Harriers	Men Senior	05:50.2	457
3	1:17:25	MORRIS, Carl	Wells City Harriers	Men Senior	05:54.5	354
4	1:17:25	CLEMENTS, Andy	Poole Athletic Club	Men 40	05:54.5	445
5	1:17:48	PERRY, Jason	Winchester and District AC	Men Senior	05:56.2	481
6	1:18:10	TRANTER, Adrian		Men Senior	05:57.9	324
7	1:18:55	Andy	Poole Athletic Club	Men Senior	06:01.3	463
8	1:19:51	POVEY, Karl	Shettleston Harriers	Men Senior	06:05.6	478
9	1:19:55	HOWSE, Andy	Poole Runners	Men Senior	06:05.9	460
10	1:20:46	SPIELER, Peter	Littledown Harriers	Men 40	06:09.8	536
11	1:21:08	PATRICK, David	Poole Runners	Men Senior	06:11.5	468
12	1:21:36	SPAREY, Kevin	Avon Valley Runners	Men 40	06:13.6	475
13	1:21:45	LEWIS, Martin	Poole Runners	Men Senior	06:14.3	542
14	1:21:49	HARDS, Barry	Stubbington Green Runners	Men 40	06:14.6	456
15	1:21:57	LACEY, Mark	Poole Athletic Club	Men Senior	06:15.2	375
16	1:22:35	PITTAWAY, Mark	Royal Manor of Portland AC	Men 40	06:18.1	357
17	1:22:57	PENNY, Brian	Somer AC	Men Senior	06:19.8	531
18	1:24:17	CARTWRIGHT, David	Poole Runners	Men 50	06:25.9	458
19	1:24:23	ROSE, Paul		Men 40	06:26.4	313
20	1:24:23	BUCKERIDGE, Douglas	Ealing Southall & Middlesex	Men 40	06:26.4	359
21	1:24:58	BUTLER, Melvyn	Egdon Heath Harriers	Men 40	06:29.0	287
22	1:25:31	MASTERS, Graham	Royal Manor of Portland AC	Men 40	06:31.6	508
23	1:26:43	BURDEN, Phil	Poole Athletic Club	Men Senior	06:37.1	506
24	1:26:54	ROBBINS, Jason	Poole Athletic Club	Men Senior	06:37.9	293
25	1:27:02	CARR, Roy	Poole Athletic Club	Men 50	06:38.5	292
26	1:27:13	PALMER, Lloyd	Poole Athletic Club	Men 40	06:39.3	546
27	1:27:59	CADDY, Dave	Egdon Heath Harriers	Men Senior	06:42.9	555
28	1:28:14	CONWAY, Russ	Lytchett Manor Striders	Men 40	06:44.0	439
29	1:28:24	MILLER, Graeme	Littledown Harriers	Men Senior	06:44.8	370
30	1:28:33	SPRULES, Anthony	Frome AC	Men 50	06:45.4	505
31	1:28:34	DAYANTIS, George	Road Runners Club	Men 40	06:45.5	335
32	1:29:27	MONEY, David	Poole Athletic Club	Men 40	06:49.6	553
33	1:29:55	ATKINS, Richard	Poole Athletic Club	Men Senior	06:51.7	358
34	1:29:59	HAWKINS, Tim	Yeovil Town RRC	Men Senior	06:52.0	545
35	1:31:29	STONE, Nigel	Somer AC	Men 50	06:58.9	306
36	1:31:33	HOBBS, Mike	Gillingham Trotters	Men Senior	06:59.2	341
37	1:31:38	JOHNS, Nigel	Royal Manor of Portland AC	Men 40	06:59.6	454
38	1:31:52	SHARKEY, Jon	Christchurch Runners	Men Senior	07:00.6	446
39	1:31:54	COX, Steve	Littledown Harriers	Men Senior	07:00.8	383
40	1:32:21	GREENSLADE, Martin	Lytchett Manor Striders	Men 40	07:02.8	378
41	1:32:22	FAULKNER, Lynda	Dorset Doodlers	Women 35	07:02.9	497
42	1:32:34	FOWLER, Vince		Men Senior	07:03.8	522
43	1:32:47	BURNS, Robert	Lytchett Manor Striders	Men 50	07:04.8	556
44	1:33:45	THAPA, Bhuwan		Men Senior	07:09.3	483
45	1:33:46	MOYSE, Graham	Poole Runners	Men 40	07:09.3	363
46	1:33:56	MOORE, Jenny	Yeovil Town RRC	Women 35	07:10.1	535
47	1:34:01	SHIELD, Jerry	Wimborne AC	Men Senior	07:10.5	344
48	1:34:39	PHILLIPS, Clare	Egdon Heath Harriers	Women 35	07:13.4	295
49	1:35:15	PALMER, Andrew	Poole Runners	Men Senior	07:16.1	398
50	1:35:25	WHITE, Gary	Poole Runners	Men 50	07:16.9	496
51	1:35:32	RANA, Lalit		Men Senior	07:17.4	487
52	1:35:58	SCOTT, Geoffrey	Poole Runners	Men 50	07:19.4	467
53	1:36:01	HORNER, Bitta		Women 35	07:19.6	544
54	1:36:48	PADDICK, Phillip	Trull Troggers	Men Senior	07:23.2	284
55	1:36:52	PARADINE, Sarah		Women 35	07:23.5	509
56	1:36:53	ELSTONE, Phil		Men Senior	07:23.6	538
57	1:37:00	NELSON, Richard	Littledown Harriers	Men Senior	07:24.1	381
58	1:37:12	RAI, Dinesh		Men Senior	07:25.1	488
59	1:37:30	HAINES, Steve	Southwest Vets AC	Men 40	07:26.4	524
60	1:37:43	RAI, Laxman		Men Senior	07:27.4	485

61	1:37:47 BARBER, Douglas	Avon Valley Runners	Men 40	07:27.7	528
62	1:37:50 ORME, Richard	Egdon Heath Harriers	Men 50	07:28.0	560
63	1:37:54 LINDOP, Trina	Poole Runners	Women 45	07:28.3	305
64	1:38:02 LIMBU, Madan		Men Senior	07:28.9	484
65	1:38:03 FAIRBROTHER, Tim	Littledown Harriers	Men 40	07:29.0	302
66	1:38:08 WONG, Suzie	Littledown Harriers	Women 35	07:29.3	384
67	1:38:43 MEMMEL, Adriaan		Men Senior	07:32.0	574
68	1:38:46 HUMBER, Steve	Poole Runners	Men Senior	07:32.2	450
69	1:39:05 BATT, Kieron	Knavesmire Harriers	Men Senior	07:33.7	525
70	1:39:45 GAMBICCHIA, Anthony	Somer AC	Men 40	07:36.7	510
71	1:39:45 GURUNG, Sailendra		Men Senior	07:36.7	482
72	1:39:46 LIEBLING, Simon	Marlborough AC	Men 40	07:36.8	387
73	1:39:49 UJVARI, Lesley	Poole Athletic Club	Women 35	07:37.0	452
74	1:39:57 HOLMES, Ian	Gillingham Trotters	Men Senior	07:37.7	534
75	1:39:59 KHOSHNEVIS, Heather	Littledown Harriers	Women 35	07:37.8	303
76	1:41:09 GURUNG, Suraj		Men Senior	07:43.1	490
77	1:41:44 HORSLEY, Andy	Wimborne AC	Men Senior	07:45.8	286
78	1:41:45 GUY, Steve	Wimborne AC	Men 40	07:45.9	549
79	1:41:53 CRASSWELLER, Ken	David Lloyd	Men 50	07:46.5	564
80	1:41:59 WHIDDON, David	Lytchett Manor Striders	Men Senior	07:47.0	388
81	1:42:56 AMBROSEN, Helen	Poole Runners	Women 45	07:51.3	442
82	1:43:00 HICKS, Paul		Men 40	07:51.6	548
83	1:43:05 LITTLECOTT, Stephen	Lytchett Manor Striders	Men 40	07:52.0	523
84	1:43:06 GURUNG, Shankar		Men Senior	07:52.1	486
85	1:43:07 HOBLEY, Ian	Dorset Doddlers	Men Senior	07:52.2	462
86	1:43:09 WILLIAMS, John	Springfield Striders	Men 50	07:52.3	494
87	1:43:20 ALLEN, Paul		Men Senior	07:53.1	371
88	1:43:21 WHITE, Julie	Bournemouth Joggers	Women 35	07:53.2	320
89	1:43:41 SCHLENDER, Marten	Muller RC	Men Senior	07:54.7	479
90	1:43:46 PLUMMER, Victoria	Frome AC	Women	07:55.1	461
91	1:44:08 MATTACKS, Peter	Poole Athletic Club	Men Senior	07:56.8	294
92	1:44:10 MANNING, Paul	Littledown Harriers	Men 40	07:57.0	559
	JOHNSEN**LOCAL RUNNER,				
93	1:44:16 Thomas		Men Senior	07:57.4	361
94	1:44:18 RINGHAM, Liz	Avon Valley Runners	Women 35	07:57.6	395
95	1:44:21 SPARKS, Steven	Yeovil Town RRC	Men 40	07:57.8	552
96	1:44:21 BAGGIO, Beverley	Somer AC	Women 35	07:57.8	532
97	1:44:48 REID, John	Corsham RC	Men 40	07:59.9	515
98	1:44:49 CHAPMAN, Paul		Men 40	07:59.9	480
99	1:44:51 TWEED, Daveena	Poole Runners	Women 45	08:00.1	539
100	1:44:52 PUZIO, Jan	Road Runners Club	Women 45	08:00.2	495
101	1:45:00 DAISH, Steve	Poole Runners	Men 40	08:00.8	319
102	1:45:22 RUSSELL, Neil	Lytchett Manor Striders	Men 50	08:02.5	570
103	1:45:36 FREEMAN, Claire	Littledown Harriers	Women 35	08:03.5	322
104	1:45:37 MANSELL, Roger	Trent Park Running Club	Men 50	08:03.6	365
105	1:45:42 LOMAS, Steve	Dorset Doddlers	Men 50	08:04.0	470
106	1:45:59 CAWTHRA, Jonathan	Burgess Hill Runners	Men 40	08:05.3	540
107	1:46:07 UNSWORTH, Leslie	Avon Valley Runners	Men 40	08:05.9	400
108	1:46:09 DOUST, Penny	Primern Bournemouth Tri Club	Women 45	08:06.0	389
109	1:46:21 FULLER, Peter	Dorset Doddlers	Men 50	08:07.0	472
110	1:46:35 TONG, David		Men 60	08:08.0	397
111	1:46:38 WILLIAMS, Andrew		Men Senior	08:08.3	500
112	1:47:16 GURUNG, Surje		Men Senior	08:11.2	491
113	1:47:40 MAINS, Jo-Jo		Men Senior	08:13.0	477
114	1:47:54 EDWARDS, Michael	Somer AC	Men 40	08:14.1	533
115	1:47:58 GRIFFITHS, Guy		Men 40	08:14.4	433
116	1:48:26 ROBBINS, Steve		Men 40	08:16.5	436
117	1:48:37 WOOD, Tim		Men 40	08:17.3	351
118	1:49:29 DAVIES, Simon	Littledown Harriers	Men Senior	08:21.3	569
119	1:49:30 RAI, Pawan		Men Senior	08:21.4	489
	FRAMPTON**LOCAL RUNNER,				
120	1:49:57 Nigel		Men Senior	08:23.4	471
121	1:50:05 POWELL, Adrian	Royal Manor of Portland AC	Men 50	08:24.1	567

122	1:50:14 PATE, Andrew	BTA	Men 40	08:24.7	516
123	1:50:17 BROOKER, Teresa	Poole Athletic Club	Women 45	08:25.0	459
124	1:50:22 MOLONEY, Jenny	Royal Manor of Portland AC	Women 35	08:25.4	283
125	1:50:31 BURROWS, John	Egdon Heath Harriers	Men 40	08:26.0	347
126	1:50:33 ROYAL, Joan	Dorset Doddlers	Women 55	08:26.2	291
127	1:51:11 SPERRING, Allan		Men 40	08:29.1	360
128	1:51:24 GORDON, Glenn	Gillingham Trotters	Men 50	08:30.1	318
129	1:51:29 TERRY, Mike	Littledown Harriers	Men 50	08:30.5	474
130	1:51:47 ROBERTS, George		Men Senior	08:31.8	368
131	1:52:03 NORTH, Brian	Trull Troggers	Men 50	08:33.1	281
132	1:52:10 NORMAN, Barry	Egdon Heath Harriers	Men 60	08:33.6	396
133	1:52:27 SMITH, Robert		Men 40	08:34.9	380
134	1:52:33 WILLIAMS, Jonathan		Men 40	08:35.4	315
135	1:52:56 GURUNG, Ishwor		Men Senior	08:37.1	492
136	1:53:17 JONES, Malcolm		Men 40	08:38.7	541
137	1:53:25 HARTE, John	Royal Manor of Portland AC	Men 50	08:39.3	572
138	1:53:32 SMART, Roy	Crewkerne RC	Men 60	08:39.9	466
139	1:54:02 DUNCAN, Jeanne		Women	08:42.1	339
140	1:54:17 WILDMAN, Stuart		Men Senior	08:43.3	289
141	1:54:25 ELLETON, Hope		Women 35	08:43.9	529
142	1:54:56 ASYMEAD, Gareth	Yeovil Town RRC	Men 40	08:46.3	566
143	1:55:21 CONWAY, Kate	Lytchett Manor Striders	Women 35	08:48.2	440
144	1:55:30 WOODS, Pauline	Littledown Harriers	Women 35	08:48.9	448
145	1:55:51 RYDER, Paul		Men 40	08:50.5	382
146	1:55:56 LUND, Simon	Clevedon	Men Senior	08:50.8	575
147	1:55:58 RANDALL, Dave	Littledown Harriers	Men 50	08:51.0	307
148	1:56:16 MORGAN, John		Men Senior	08:52.4	530
149	1:56:36 MINTON, Jacqui		Women 45	08:53.9	326
150	1:56:39 LUKINS, Ed	Serpentine RC	Men Senior	08:54.1	441
151	1:57:35 O'CONNOR, Dominic	Corsham RC	Men 40	08:58.4	514
152	1:57:41 HICKS, Bill	Royal Manor of Portland AC	Men 60	08:58.9	329
153	1:58:10 BROWN, William	Southwest Vets AC	Men 60	09:01.1	518
154	1:58:17 WOODS, Jonathan	Littledown Harriers	Men Senior	09:01.6	447
155	1:58:21 BUTLER, Liz	Egdon Heath Harriers	Women 35	09:01.9	288
156	1:58:43 SHEAD, Michael	Yeovil Town RRC	Men 40	09:03.6	476
157	1:59:10 HAGGER, Ronald		Men 60	09:05.7	300
158	1:59:11 ROWE, Philip Harry		Men Senior	09:05.7	504
159	1:59:13 ARTHUR, Nigel	Egdon Heath Harriers	Men 50	09:05.9	337
160	1:59:21 KONAN, Ismail		Men 40	09:06.5	573
161	1:59:51 NORTH, Sandra	Trull Troggers	Women 55	09:08.8	282
162	2:00:38 MILLS, Jane	Yeovil Town RRC	Women 35	09:12.4	565
163	2:00:39 DOWNEY, Des	Royal Manor of Portland AC	Men 60	09:12.4	308
164	2:00:46 JOHN, COWLEY**LOCAL RUNNER,	Dorset Doddlers	Men 40	09:13.0	464
165	2:00:47 HOPKINS, Andy		Men Senior	09:13.1	557
166	2:00:53 CLARKE, Pete	Weymouth St Paul's Harriers	Men 60	09:13.5	437
167	2:01:05 BROWNING, Roger	Littledown Harriers	Men 50	09:14.4	512
168	2:01:37 DAVIES, Robert	Hardley Runners	Men 50	09:16.9	503
169	2:01:37 CHEESMAN, Paul		Men Senior	09:16.9	561
170	2:01:45 LOADER, Carole	Bournemouth Joggers	Women 35	09:17.5	342
171	2:01:56 CHORLTON, Gordon	Royal Manor of Portland AC	Men 40	09:18.3	571
172	2:02:24 ANDREWS, Jon		Men Senior	09:20.5	551
173	2:02:56 SMITH, Michael	Weymouth St Paul's Harriers	Men 40	09:22.9	356
174	2:03:21 KERR, Jim	Littledown Harriers	Men 50	09:24.8	513
175	2:03:27 ALFORD, Rebecca	Royal Manor of Portland AC	Women 35	09:25.3	323
176	2:03:41 BUSH, Michael	Littledown Harriers	Men 60	09:26.3	507
177	2:04:05 NIPPRESS, Terry		Men Senior	09:28.2	520
178	2:05:01 SMITH, William G	Road Runners Club	Men 60	09:32.4	372
179	2:06:01 VARNHAM, Keith	Road Runners Club	Men 60	09:37.0	348
180	2:06:12 BYROM, Andi		Men Senior	09:37.9	527
181	2:06:12 SIMMONS, Tracy		Women	09:37.9	526
182	2:06:13 DEVENISH, Malcolm	Marshfield Runners	Men 50	09:37.9	379
183	2:06:20 PALMER, Ginny	Poole Runners	Women	09:38.5	399

184	2:07:41 HUNTER, Farrah		Women	09:44.7	519
185	2:07:46 IRWIN, Laurie	Avon Valley Runners	Men 40	09:45.0	325
186	2:07:57 MOORE, Jim	Poole Runners	Men 40	09:45.9	355
	WHITE**LOCAL RUNNER,				
187	2:08:12 Craig	Dorset Doddlers	Men 40	09:47.0	465
188	2:08:18 ELCOCK, Allan	Poole Runners	Men 50	09:47.5	298
189	2:09:59 BROWNLIE, Fiona		Women 35	09:55.2	493
190	2:11:04 HULL, Liz	Lytchett Manor Striders	Women 45	10:00.1	455
191	2:11:12 GROVES, Chris		Men Senior	10:00.8	537
192	2:11:15 FIELD, Joyce	Avon Valley Runners	Women 55	10:01.0	443
193	2:11:54 DUNCTON, R	Southwest Vets AC	Men 60	10:04.0	498
194	2:11:56 RAYMAN, Linda	Bracknell Forest Runners	Women 55	10:04.1	369
195	2:11:56 GUY, John	Wimborne AC	Men 60	10:04.1	327
196	2:12:01 RUFFLE, Diane	Bournemouth Joggers	Women 45	10:04.5	554
197	2:13:17 JOHNSON, Rita	Somer AC	Women 35	10:10.3	330
198	2:13:17 POWELL, Amy	Royal Manor of Portland AC	Women	10:10.3	568
199	2:14:28 FRAMPTON, Barbara	Wimborne AC	Women 55	10:15.7	543
200	2:14:28 TWEED, Daniel		Men 40	10:15.7	438
201	2:16:48 SLATER, Martin	Eastleigh RC	Men 40	10:26.4	547
202	2:17:00 LAWSON, George		Men 60	10:27.3	394
203	2:18:06 GILCHRIST, Helen	Gillingham Trotters	Women 35	10:32.4	373
204	2:18:35 WILLIAMS, Wendy	Gillingham Trotters	Women 35	10:34.6	340
205	2:19:12 SALTRICK, Caroline		Women 45	10:37.4	502
206	2:19:21 TRODD, Ron	Southwest Vets AC	Men 60	10:38.1	473
207	2:19:36 ANDREWS, Michael	Road Runners Club	Men 50	10:39.2	562
208	2:19:41 DARBY, David	Royal Manor of Portland AC	Men 60	10:39.6	297
209	2:19:55 OZIER, Patricia	Bournemouth Joggers	Women 35	10:40.7	511
210	2:22:22 REED, Catherine	Poole Athletic Club	Women	10:51.9	314
211	2:22:38 DAVEY, Janet	New Forest Runners	Women 55	10:53.1	311
212	2:22:43 DAVISON, Duncan	Somer AC	Men 50	10:53.5	301
213	2:24:32 PAINE, Doreen	Southwest Vets AC	Women 45	11:01.8	366
214	2:24:32 PAINE, Ron	Southwest Vets AC	Men 50	11:01.8	367
215	2:25:27 MUNRO, Alistair		Men Senior	11:06.0	550
216	2:25:52 SMITH, Adam		Men Senior	11:07.9	521
217	2:25:59 BRYANT, Caroline	Lytchett Manor Striders	Women 35	11:08.5	336
218	2:26:45 STEWART, Jennifer		Women 35	11:12.0	563
219	2:27:55 LONGMORE, Leonie	Wimborne AC	Women 35	11:17.3	346
220	2:28:40 SZWINTO, Joanne	New Forest Runners	Men 40	11:20.7	501
221	2:28:42 FOX, Joan	Bournemouth Joggers	Women 55	11:20.9	310
222	2:28:51 CRICHTON, Simon		Men Senior	11:21.6	558
223	2:29:22 PAYNTER, Christine		Women 35	11:23.9	377
224	2:30:01 ABBITT, Philip	Stopsley Striders	Men 50	11:26.9	317
225	2:30:53 BROWN, Mary	Southwest Vets AC	Women 55	11:30.9	517
226	2:31:31 SMART, Amanda	Lytchett Manor Striders	Women 35	11:33.8	350
227	2:33:03 ABBITT, Lyndsey		Women	11:40.8	290
228	2:33:37 BENNETT, Georgina	Royal Manor of Portland AC	Women 55	11:43.4	391
229	2:35:57 CLACK, Richard		Men 50	11:54.1	376
230	2:41:51 JOBLING, Julie	Lytchett Manor Striders	Women 45	12:21.1	304
231	2:52:55 DAVIDSON, Bruce	New Forest Runners	Men 60	13:11.8	309
232	2:53:51 BARWICK, David	Littledown Harriers	Men 40	13:16.1	364
233	2:53:51 ABBITT, Pamela	Stopsley Striders	Women 45	13:16.1	316