

KEITH VINE HANDICAP CHAMPIONSHIP 2021

RACE 1		Virtual 5 Mile	January	5 miles	Terrain multiplier		103%
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Victoria	West	10:39	00:54:51	00:52:14	+ 2:37	1	10:24
Flora	Brooke	09:31	00:48:58	00:46:36	+ 2:22	2	09:17
Amanda	Ackroyd	09:13	00:47:28	00:45:14	+ 2:14	3	09:00
Roger	Teasdale	06:10	00:31:45	00:30:34	+ 1:11	4	06:03
Angela	Jamieson	08:38	00:44:25	00:43:19	+ 1:06	5	08:31
Paul	Russell	06:51	00:35:18	00:34:18	+ 1:00	6	06:45
Sharon	Hutchings	06:40	00:34:22	00:33:25	+ 0:57	7	06:35
Spencer	Mogridge	06:20	00:32:38	00:31:42	+ 0:56	8	06:15
Andrew	Tuffin	07:53	00:40:36	00:39:44	+ 0:52	9	07:48
Dave	Jackson	07:13	00:37:10	00:36:33	+ 0:37	10	07:09
Jill	Watson	08:32	00:43:59	00:43:34	+ 0:25	11	08:30
Mark	Damen	n/a	00:34:35	00:34:35	- 0:00	12	06:43
Rachel	Harrison	n/a	00:38:55	00:38:55	- 0:00	13	07:33
Siobhan	McFeely	n/a	00:42:24	00:42:24	- 0:00	14	08:14
Julia	Slade	08:24	00:43:15	00:43:31	- 0:16	15	08:25
Ali	Blaney	07:12	00:37:03	00:37:49	- 0:46	16	07:16
Michael	Peters	07:11	00:37:01	00:37:48	- 0:47	17	07:16
Neil	Cranidge	07:46	00:40:02	00:41:04	- 1:02	18	07:51
Shamsul	Wahab	07:55	00:40:46	00:41:53	- 1:07	19	07:59
Chris	Cussens	11:09	00:57:25	00:58:43	- 1:18	20	11:14
Christopher	Frear	06:52	00:35:22	00:36:59	- 1:37	21	06:56
John	Cowley	08:43	00:44:53	00:46:32	- 1:39	22	08:43
Jane	Ward	08:10	00:42:03	00:43:43	- 1:40	23	08:14
Lucy	Brown	08:18	00:42:44	00:45:38	- 2:54	24	08:22
Barry	Jenkins	08:35	00:44:14	00:48:30	- 4:16	25	08:40
Sarah	Perrett	08:52	00:45:38	00:49:59	- 4:21	26	08:56
John	Townsend	07:19	00:37:40	00:42:53	- 5:13	27	07:23
Richard	Bryant	06:42	00:34:30	00:40:08	- 5:38	28	06:46
Mel	Mitchell	08:18	00:42:42	00:48:26	- 5:44	29	08:22
Alie	Madders	09:13	00:47:27	00:54:45	- 7:18	30	09:17
Adam	Frampton	07:52	00:40:33	00:48:35	- 8:02	31	07:57
Nick	Summons	07:45	00:39:56	00:48:34	- 8:38	32	07:50

RACE 2		Virtual Stur Half	February	13.1 miles	Terrain multiplier		107%
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Dave	Jackson	07:09	1:46:20	1:35:04	+ 11:16	1	06:47
Angela	Jamieson	08:31	2:06:34	1:58:11	+ 8:23	2	08:14
Jill	Watson	08:30	2:06:17	1:58:40	+ 7:37	3	08:15
Lucy	Brown	08:22	2:04:19	1:56:46	+ 7:33	4	08:07
Julia	Slade	08:25	2:05:10	1:58:37	+ 6:33	5	08:12
Patrick	Hurst	07:08	1:46:03	1:39:35	+ 6:28	6	06:55
Ali	Blaney	07:16	1:48:00	1:41:34	+ 6:26	7	07:03
Stephen	James	08:37	2:08:05	2:02:20	+ 5:45	8	08:26
Victoria	West	10:24	2:34:28	2:29:46	+ 4:42	9	10:14
Ruth	Readman	07:57	1:58:01	1:54:31	+ 3:30	10	07:50
Chris	Frear	06:56	1:43:01	1:39:47	+ 3:14	11	06:49
Siobhan	McFeely	08:14	2:02:20	2:00:40	+ 1:40	12	08:11
Michael	Peters	07:16	1:47:55	1:46:58	+ 0:57	13	07:14
Rachel	Harrison	07:33	1:52:17	1:51:47	+ 0:30	14	07:32
David	Hurst	07:56	1:57:49	1:57:32	+ 0:17	15	07:55
John	Cowley	08:43	2:09:31	2:10:36	- 1:05	16	08:45
Neil	Cranidge	07:51	1:56:38	1:57:47	- 1:09	17	07:53
Steve	Fowles	08:16	2:02:54	2:05:07	- 2:13	18	08:21
Jane	Ward	08:14	2:02:20	2:04:42	- 2:22	19	08:19

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Spencer	Mogridge	06:15	1:32:48	1:35:15	- 2:27	20	06:20
Stuart	Martin	06:39	1:38:44	1:41:54	- 3:10	21	06:43
Lee	Collier	06:30	1:36:32	1:39:47	- 3:15	22	06:34
Shams	Wahab	07:59	1:58:37	2:01:55	- 3:18	23	08:04
Adam	Frampton	07:57	1:58:07	2:01:46	- 3:39	24	08:01
Nick	Berry	06:02	1:29:39	1:33:29	- 3:50	25	06:06
Paul	Russell	06:45	1:40:24	1:45:59	- 5:35	26	06:50
Barry	Jenkins	08:40	2:08:46	2:15:00	- 6:14	27	08:44
Richie	Bryant	06:46	1:40:32	1:48:19	- 7:47	28	06:50
Jane	Fowles	09:59	2:28:16	2:36:36	- 8:20	29	10:03
Roger	Teasdale	06:03	1:29:54	1:38:58	- 9:04	30	06:08
Tom	Mitchell	06:39	1:38:51	1:48:55	- 10:04	31	06:43
Mark	Damen	06:43	1:39:46	1:51:14	- 11:28	32	06:47
Sarah	Perret	08:56	2:12:44	2:25:44	- 13:00	33	09:00
Steve	Ridgy	05:33	1:22:28	1:34:35	- 12:07	34	05:33
Kim	Crane	09:30	2:21:09	2:36:33	- 15:24	35	09:34
Sandra	Fowles	09:22	2:19:16	2:35:20	- 16:04	36	09:26
Duncan	Ward	05:32	1:22:20	1:40:08	- 17:48	37	05:36
Craig	White	07:45	1:55:09	2:13:18	- 18:09	38	07:49

RACE 3		Virtual 10k	March	10 Km	Terrain multiplier	103%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Chris	Cussen	11:14	01:11:54	1:06:44	+ 5:10	1	10:50
Sandra	Fowles	09:26	01:00:22	0:55:27	+ 4:55	2	09:03
Guy	Readman	08:06	00:51:53	0:48:21	+ 3:32	3	07:50
Victoria	West	10:14	01:05:31	1:02:15	+ 3:16	4	09:59
Neil	Cranidge	07:53	00:50:29	0:48:02	+ 2:27	5	07:42
Stephen	James	08:26	00:53:56	0:51:48	+ 2:08	6	08:16
Dave	Jackson	06:47	00:43:23	0:41:31	+ 1:52	7	06:38
Nick	Summons	07:50	00:50:08	0:48:25	+ 1:43	8	07:42
Sarah	Perrett	09:00	00:57:36	0:55:54	+ 1:42	9	08:52
Dave	Gedge	08:44	00:55:54	0:54:32	+ 1:22	10	08:38
Richie	Bryant	06:50	00:43:44	0:42:24	+ 1:20	11	06:44
Chris	Frear	06:49	00:43:41	0:42:29	+ 1:12	12	06:44
Barry	Jenkins	08:44	00:55:54	0:54:53	+ 1:01	13	08:39
Michael	Peters	07:14	00:46:17	0:45:34	+ 0:43	14	07:11
Jen	Lynch	09:41	01:02:01	1:01:24	+ 0:37	15	09:39
Roger	Teasdale	06:08	00:39:15	0:38:46	+ 0:29	16	06:06
Spencer	Mogridge	06:20	00:40:30	0:40:14	+ 0:16	17	06:18
Laura	Eckett	09:19	00:59:38	0:59:25	+ 0:13	18	09:18
Steven	Fowles	08:21	00:53:25	0:53:15	+ 0:10	19	08:20
Shams	Wahab	08:04	00:51:38	0:51:35	+ 0:03	20	08:04
Flora	Brooke	09:17	00:59:23	0:59:23	+ 0:00	21	09:17
Arabelle	AKS	n/a	n/a	0:51:12	+ 0:00	21	08:00
Nick	Berry	06:06	00:39:02	0:39:15	- 0:13	23	06:07
Rachel	Harrison	07:32	00:48:15	0:48:37	- 0:22	24	07:34
Siobham	McFeely	08:11	00:52:20	0:52:48	- 0:28	25	08:13
Amanda	Ackroyd	09:00	00:57:36	0:58:14	- 0:38	26	09:03
Ali	Blaney	07:03	00:45:08	0:45:48	- 0:40	27	07:06
Paul	Russell	06:50	00:43:44	0:44:39	- 0:55	28	06:54
Sharon	Hutchings	06:35	00:42:07	0:43:04	- 0:57	29	06:39
Jane	Ward	08:19	00:53:12	0:54:34	- 1:22	30	08:23
Angela	Jamieson	08:14	00:52:43	0:54:06	- 1:23	31	08:18
Steve	Rigby	05:33	00:35:31	0:37:01	- 1:30	32	05:37
Andrew	Tuffin	07:48	00:49:55	0:51:38	- 1:43	33	07:52

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Anthony	Guppy	07:32	00:48:15	0:50:30	- 2:15	34	07:36
Duncan	Ward	05:36	00:35:50	0:38:06	- 2:16	35	05:40
Charlotte	Townsend	08:29	00:54:20	0:56:50	- 2:30	36	08:34
Jane	Fowles	10:03	01:04:19	1:06:53	- 2:34	37	10:07
Julie	Wareham	09:37	01:01:32	1:04:11	- 2:39	38	09:41
Piotr	Sulecki	07:04	00:45:11	0:49:03	- 3:52	39	07:08
Jill	Watson	08:15	00:52:45	0:56:54	- 4:09	40	08:19
Julia	Slade	08:12	00:52:30	0:56:54	- 4:24	41	08:16
John	Cowley	08:45	00:56:01	1:00:31	- 4:30	42	08:50
Craig	White	07:49	00:50:02	0:54:52	- 4:50	43	07:53
Tom	Mitchell	06:43	00:42:59	0:48:46	- 5:47	44	06:47
Adam	Frampton	08:01	00:51:18	0:57:24	- 6:06	45	08:05
Nick	Brooke	06:30	00:41:36	0:48:17	- 6:41	46	06:35

RACE 4 Dorset Ooser Half		04/04/2021		13.1 miles		Terrain multiplier 123%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Arabella	de S-Khandwala	08:00	2:16:38	02:04:27	+ 12:11	1	07:39
Lee	Collier	06:34	1:52:09	01:43:23	+ 8:46	2	06:19
David	Jackson	06:38	1:53:17	01:46:33	+ 6:44	3	06:26
Charlotte	Townsend	08:34	2:26:19	02:20:26	+ 5:53	4	08:24
Jill	Watson	08:19	2:22:03	02:16:59	+ 5:04	5	08:10
Nick	Summons	07:42	2:11:30	02:07:48	+ 3:42	6	07:35
Tim	Cotton	07:38	2:10:18	02:07:02	+ 3:16	7	07:32
Damian	Patterson	07:31	2:08:18	02:07:02	+ 1:16	8	07:28
Richie	Bryant	06:44	1:54:56	01:54:38	+ 0:18	9	06:43
Justin	Perry	06:29	1:50:48	01:51:04	- 0:16	10	06:30
Tracy	Cook	06:16	1:47:10	01:48:02	- 0:52	11	06:18
Amanda	Ackroyd	09:03	2:34:34	02:36:20	- 1:46	12	09:06
Paul	Russell	06:54	1:57:56	02:00:42	- 2:46	13	06:59
Lynda	Faulkner	06:47	1:55:57	02:00:01	- 4:04	14	06:52
Victoria	West	09:59	2:50:30	02:54:59	- 4:29	15	10:03
Rachel	Harrison	07:34	2:09:16	02:16:11	- 6:55	16	07:39
John	Townsend	07:23	2:06:06	02:15:38	- 9:32	17	07:27
Matt	Clayton	08:12	2:20:05	02:31:30	- 11:25	18	08:17
Angela	Jamieson	08:18	2:21:46	02:33:31	- 11:45	19	08:22
Mark	Damen	06:47	1:55:51	02:11:28	- 15:37	20	06:51
John	Cowley	08:50	2:30:52	02:51:47	- 20:55	21	08:54
Siobhan	McFeely	08:13	2:20:17	02:41:59	- 21:42	22	08:17
Lucy	Brown	08:07	2:18:34	02:41:59	- 23:25	23	08:11
Barry	Jenkins	08:39	2:27:49	02:56:13	- 28:24	24	08:44
Jane	Ward	08:23	2:23:11	02:51:43	- 28:32	25	08:27
Stephen	James	08:16	2:21:05	02:51:36	- 30:31	26	08:20
Chris	Cussen	10:50	3:04:59	03:37:32	- 32:33	27	10:54
Adam	Frampton	08:05	2:18:04	02:51:36	- 33:33	28	08:10
Neil	Cranidge	07:42	2:11:28	02:51:43	- 40:15	29	07:46

RACE 5 Broad Oak Hilly		29/04/2021		4 miles		Terrain multiplier 106%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Steve	Fowles	08:20	0:35:20	0:32:54	+ 2:26	1	08:03
Tom	Mitchell	06:47	0:28:46	0:26:39	+ 2:07	2	06:32
Jill	Watson	08:10	0:34:38	0:32:38	+ 2:00	3	07:56
Stephen	James	08:20	0:35:20	0:33:36	+ 1:44	4	08:08
Chris	Frear	06:44	0:28:32	0:26:53	+ 1:39	5	06:32
John	Cowley	08:54	0:37:44	0:36:36	+ 1:08	6	08:46
David	Hurst	07:55	0:33:35	0:32:31	+ 1:04	7	07:48
Andrew	Tuffin	07:52	0:33:21	0:32:26	+ 0:55	8	07:45

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Paul	Russell	06:59	0:29:37	0:28:45	+ 0:52	9	06:53
Sarah	Perrett	08:52	0:37:36	0:36:58	+ 0:38	10	08:48
Neil	Cranidge	07:46	0:32:56	0:32:28	+ 0:28	11	07:43
Nick	Berry	06:07	0:25:56	0:25:41	+ 0:15	12	06:05
Spencer	Mogridge	06:18	0:26:45	0:26:32	+ 0:13	13	06:17
Paul	Stockley	n/a	0:30:56	0:30:56	- 0:00	14	07:18
Simon	Partridge	n/a	0:32:50	0:32:50	- 0:00	14	07:45
Colin	Ryall	n/a	0:33:16	0:33:16	- 0:00	14	07:51
Michael	Peters	07:11	0:30:25	0:30:27	- 0:02	17	07:11
Anthony	Guppy	07:36	0:32:13	0:32:32	- 0:19	18	07:38
Richard	Hull	07:20	0:31:06	0:31:49	- 0:43	19	07:25
Richie	Bryant	06:43	0:28:30	0:29:23	- 0:53	20	06:50
David	Jackson	06:26	0:27:17	0:28:18	- 1:01	21	06:33
Jane	Ward	08:27	0:35:50	0:36:54	- 1:04	22	08:35
Lynn	Hutchings	07:21	0:31:11	0:33:01	- 1:50	23	07:31
Craig	White	07:53	0:33:26	0:35:24	- 1:58	24	08:03

RACE 6 Ox Half		23/05/2021	13.1 miles		Terrain multiplier 128%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Tim	Cotton	07:32	2:13:54	02:05:54	+ 8:00	1	07:18
Damian	Patterson	07:28	2:12:52	02:05:54	+ 6:58	2	07:17
Carlos	Blanco	07:18	2:09:50	02:03:15	+ 6:35	3	07:07
Jill	Watson	07:56	2:21:00	02:16:13	+ 4:47	4	07:48
Justin	Perry	06:30	1:55:27	01:55:26	+ 0:01	5	06:30
Angela	Jamieson	08:22	2:28:43	02:29:17	- 0:34	6	08:23
Simon	Partridge	07:45	2:17:38	02:18:28	- 0:50	7	07:46
Stephen	James	08:08	2:24:29	02:26:08	- 1:39	8	08:11
Adam	Frampton	08:10	2:25:09	02:29:17	- 4:08	9	08:17
Barry	Jenkins	08:44	2:35:14	02:50:38	- 15:24	10	08:49
Jane	Ward	08:35	2:32:26	03:33:42	- 1:16	11	08:44
Neil	Craidge	07:43	2:17:04	03:33:41	- 16:37	12	07:48

RACE 7 Egdon Easy		22/05/2021	10 Km		Terrain multiplier 105%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Piotr	Sulecki	07:08	0:47:00	0:41:29	+ 5:31	1	06:43
Roger	Teasdale	06:06	0:40:10	0:38:08	+ 2:02	2	05:56
Anthony	Guppy	07:38	0:50:19	0:48:51	+ 1:28	3	07:31
Dave	Jackson	06:33	0:43:12	0:42:01	+ 1:11	4	06:28
Colin	Ryall	07:51	0:51:42	0:51:09	+ 0:33	5	07:48
Sandra	Fowles	09:03	0:59:38	1:01:22	- 1:44	6	09:11
Steve	Fowles	08:03	0:53:01	0:54:53	- 1:52	7	08:11
Mark	Damen	06:51	0:45:08	0:47:13	- 2:05	8	07:00
Jane	Fowles	10:07	1:06:40	1:09:16	- 2:36	9	10:12
Kim	Crane	09:34	1:03:02	1:09:14	- 6:12	10	09:39

RACE 8 Crafty Fox Half		13/06/2021	13.1 miles		Terrain multiplier 140%		
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Nick	Summons	07:35	2:27:34	02:18:31	+ 9:03	1	07:21
Arabella	de SK	07:39	2:28:35	02:23:39	+ 4:56	2	07:31
Jill	Watson	07:48	2:31:36	02:28:11	+ 3:25	3	07:43
John	Cowley	08:46	2:50:25	02:49:40	+ 0:45	4	08:45
Julie	Wareham	09:41	3:08:15	03:13:24	- 5:09	5	09:49
Barry	Jenkins	08:49	2:51:24	03:16:16	- 24:52	6	08:54
Jane	Ward	08:44	2:49:47	03:16:16	- 26:29	7	08:49
Neil	Cranidge	07:48	2:31:38	03:16:16	- 44:38	8	07:53

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RACE 9		Purbeck 10k	18/06/2021	10 Km	Terrain multiplier	102%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Adam	Frampton	08:17	0:52:53	0:50:08	+ 2:45	1	08:04
Nick	Summons	07:21	0:46:59	0:44:48	+ 2:11	2	07:11
Neil	Cranidge	07:53	0:50:20	0:48:12	+ 2:08	3	07:43
John	Cowley	08:45	0:55:51	0:54:54	+ 0:57	4	08:40
Steve	James	08:11	0:52:12	0:52:07	+ 0:05	5	08:10
Barry	Jenkins	08:54	0:56:50	0:56:49	+ 0:01	6	08:54
Frank	Wilson	n/a	n/a	0:47:06	+ 0:00	7	07:23
Angela	Jamieson	08:23	0:53:32	0:53:33	- 0:01	8	08:23
Jill	Watson	07:43	0:49:14	0:49:52	- 0:38	9	07:46
Dave	Jackson	06:28	0:41:17	0:42:58	- 1:41	10	06:36
Nick	Brooke	06:35	0:42:02	0:44:41	- 2:39	11	06:40
Flora	Brooke	09:17	0:59:15	1:03:05	- 3:50	12	09:22

RACE 10		John Deacon	17/06/2021	6.66 miles	Terrain multiplier	102%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Tom	Mitchell	06:32	0:44:50	00:42:46	+ 2:04	1	06:23
Amanda	Ackroyd	09:06	1:02:27	01:00:24	+ 2:03	2	08:57
Victoria	West	10:03	1:08:57	01:07:14	+ 1:43	3	09:55
Piotr	Sulecki	06:43	0:46:04	00:44:46	+ 1:18	4	06:37
Neil	Cranidge	07:43	0:52:56	00:51:43	+ 1:13	5	07:38
Steve	Fowles	08:11	0:56:11	00:55:00	+ 1:11	6	08:06
Michael	Peters	07:11	0:49:15	00:49:10	+ 0:05	7	07:10
Chris	Perrett	n/a	0:55:44	00:55:44	- 0:00	8	08:07
Victoria	Hodges	n/a	1:02:04	01:02:04	- 0:00	9	09:03
John	Cowley	08:40	0:59:30	00:59:41	- 0:11	10	08:41
Frank	Wilson	07:23	0:50:36	00:50:48	- 0:12	11	07:23
Sharon	Hutchings	06:39	0:45:39	00:45:55	- 0:16	12	06:40
Andrew	Tuffin	07:45	0:53:14	00:53:38	- 0:24	13	07:47
Rachel	Harrison	07:39	0:52:29	00:53:01	- 0:32	14	07:41
Colin	Ryall	07:48	0:53:33	00:54:34	- 1:01	15	07:53
Richie	Bryant	06:50	0:46:50	00:47:53	- 1:03	16	06:54
Angela	Jamieson	08:23	0:57:32	00:59:21	- 1:49	17	08:31
David	Hurst	07:48	0:53:29	00:55:24	- 1:55	18	07:56
Lynn	Hutchings	07:31	0:51:34	00:53:35	- 2:01	19	07:40
Flora	Brooke	09:22	1:04:16	01:06:43	- 2:27	20	09:32
Nick	Brooke	06:40	0:45:44	00:48:22	- 2:38	21	06:50
Justin	Perry	06:30	0:44:34	00:47:34	- 3:00	22	06:39
Sarah	Perrett	08:48	1:00:20	01:04:06	- 3:46	23	08:57

RACE 11		Marnhull 12K	18/04/2021	12 km	Terrain multiplier	114%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Sharon	Hutchings	06:40	0:57:25	0:53:28	+ 3:57	1	06:27
Tom	Mitchell	06:23	0:54:56	0:51:43	+ 3:13	2	06:12
Dave	Jackson	06:36	0:56:46	0:53:51	+ 2:55	3	06:26
Neil	Cranidge	07:38	1:05:37	1:02:58	+ 2:39	4	07:28
Paul	Stockley	07:18	1:02:46	1:00:50	+ 1:56	5	07:11
Dave	Hurst	07:56	1:08:16	1:06:41	+ 1:35	6	07:51
Victoria	West	09:55	1:25:24	1:24:19	+ 1:05	7	09:52
Angela	Jamieson	08:31	1:13:17	1:12:25	+ 0:52	8	08:28
Nick	Summons	07:11	1:01:50	1:01:17	+ 0:33	9	07:09

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Amanda	Ackroyd	08:57	1:17:02	1:16:32	+ 0:30	10	08:55
Anthony	Guppy	07:31	1:04:45	1:04:40	+ 0:05	11	07:31
Chris	Frear	06:32	0:56:14	0:56:18	- 0:04	12	06:32
Barry	Shea	05:44	0:49:21	0:49:30	- 0:09	13	05:45
Ian	Buckingham	07:32	1:04:49	1:05:14	- 0:25	14	07:33
Paul	Russell	06:53	0:59:13	1:00:05	- 0:52	15	06:56
Richie	Bryant	06:54	0:59:23	1:00:49	- 1:26	16	06:59
John	Cowley	08:41	1:14:44	1:16:39	- 1:55	17	08:48
Nick	Brooke	06:50	0:58:48	1:01:16	- 2:28	18	06:59
Sarah	Perrett	08:57	1:17:00	1:22:16	- 5:16	19	09:02
Simon	Partridge	07:46	1:06:50	1:12:50	- 6:00	20	07:51
Jane	Ward	08:49	1:15:52	1:22:16	- 6:24	21	08:54
Roger	Teasdale	05:56	0:51:07	0:59:22	- 8:15	22	06:01
Flora	Brooke	09:32	1:22:02	1:32:16	- 10:14	23	09:37

RACE 12		Lytchett Manor 10	22/08/2021	10 miles	Terrain multiplier	110%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Nick	Reynolds	05:59	01:08:06	1:02:52	+ 5:14	1	05:45
Nick	Brooke	06:59	01:19:26	1:15:26	+ 4:00	2	06:48
Suzanna	Baker	07:05	01:20:43	1:17:32	+ 3:11	3	06:57
Nick	Summons	07:09	01:21:27	1:18:19	+ 3:08	4	07:01
John	Cowley	08:48	01:40:09	1:38:34	+ 1:35	5	08:44
Chris	Frear	06:32	01:14:27	1:13:32	+ 0:55	6	06:30
Jill	Watson	07:46	01:28:21	1:27:34	+ 0:47	7	07:44
David	Jackson	06:26	01:13:11	1:13:50	- 0:39	8	06:27
Flora	Brooke	09:37	01:49:29	1:52:02	- 2:33	9	09:42
Neil	Cranidge	07:28	01:25:04	1:28:25	- 3:21	10	07:33
Barry	Jenkins	08:54	01:41:19	1:45:25	- 4:06	11	08:58
Ines	Braun	09:47	01:51:23	2:00:06	- 8:43	12	09:51

RACE 13		Black Hill 10km	26/09/2021	10 km	Terrain multiplier	123%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace

RACE 14		Salisbury Half Mara	03/10/2021	13.1 miles	Terrain multiplier	103%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace

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RACE 15	London Mara	03/10/2021	26.2 miles	Terrain multiplier	103%		
NAME	Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace	

RACE 16	Gold Hill 10km	10/10/2021	10 km	Terrain multiplier	118%		
NAME	Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace	

RACE 17	Helstone Half	24/10/2021	13.1 miles	Terrain multiplier	121%		
NAME	Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace	

RACE 18	Wimborne 10	21/11/2021	10 miles	Terrain multiplier	102%		
NAME	Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace	

RACE 19	Sturminster 5	02/12/2021	5 miles	Terrain multiplier	107%		
NAME	Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace	

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RACE 20		Full Montecute	05/12/2021	10 miles	Terrain multiplier		140%
NAME	Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace	

