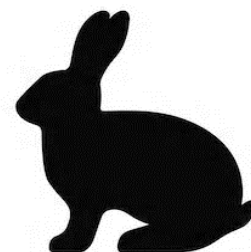


AGE-ADJUSTED CLUB CHAMPIONSHIP 2021

Virtual 5 Mile		January 5 miles				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Roger Teasdale	45	30:34	27:49	1		
Spencer Mogridge	48	31:42	28:10	2		
Dave Jackson	62	36:33	28:53	3		
Siobhan McFeely	61	42:24	31:12		1	
Flora Brooke	67	46:36	31:39		2	
Sharon Hutchings	24	33:25	33:25		3	
Michael Peters	59	37:48	33:40	4		
Paul Russell	47	34:18	33:44	5		
Mark Damen	34	34:35	34:02	6		
Shamsul Wahab	57	41:53	34:34	7		
Chris Cussens	70	54:43	34:41	8		
Neil Cranidge	54	41:04	34:46	9		
Rachel Harrison	48	38:55	35:21		4	
Andrew Tuffin	46	39:44	35:52	10		
Christopher Frear	36	36:59	35:59	11		
John Cowley	64	46:32	36:07	12		
Ali Blaney	40	37:49	36:29		5	
Richard Bryant	43	40:08	37:05	13		
Jane Ward	52	43:43	37:08		6	
John Townsend	50	42:53	37:31	14		
Angela Jamieson	48	43:19	38:46		7	
Jill Watson	48	43:34	38:59		8	
Julia Slade	45	43:31	40:16		9	
Barry Jenkins	55	48:30	40:43	15		
Adam Frampton	49	48:35	42:50	16		
Amanda Ackroyd	42	45:14	43:00		10	
Nick Summons	48	48:34	43:10	17		
Lucy Brown	42	45:38	43:23		11	
Sarah Perrett	47	49:59	45:16		12	
Mel Mitchell	34	48:26	48:05		13	
Victoria West	45	52:14	48:20		14	
Alie Madders	43	54:45	51:37		15	

Virtual Half Marathon		February 13.1 miles				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Dave Jackson	62	1:35:04	1:16:19	1		
Stuart Martin	60	1:41:54	1:23:23	2		
Nick Berry	47	1:33:29	1:25:57	3		
Spencer Mogridge	48	1:35:15	1:26:50	4		
Michael Peters	59	1:46:58	1:28:22	5		
Duncan Ward	51	1:40:08	1:28:58	6		
Siobhan McFeely	62	2:00:40	1:30:54		1	
Roger Teasdale	45	1:38:58	1:32:32	7		
Lee Collier	45	1:39:47	1:33:18	8		
Steve Rigby	37	1:34:35	1:33:28	9		
Paul Russell	47	1:45:59	1:37:27	10		
Ali Blaney	40	1:41:34	1:38:10		2	
Patrick Hurst	37	1:39:35	1:38:24	11		
Chris Frear	36	1:39:47	1:38:59	12		
Rachel Harrison	48	1:51:47	1:40:38		3	
David Hurst	54	1:57:32	1:41:40	13		
Neil Cranidge	54	1:57:47	1:41:53	14		
Shams Wahab	57	2:01:55	1:42:37	15		
John Cowley	64	2:10:36	1:42:48	16		
Angela Jamieson	48	1:58:11	1:46:24		4	



AGE-ADJUSTED CLUB CHAMPIONSHIP 2021

Jill	Watson	48	1:58:40	1:46:50		5
Jane	Ward	52	2:04:42	1:47:02		6
Tom	Mitchell	26	1:48:55	1:48:55	17	
Craig	White	60	2:13:18	1:49:05	18	
Stephen	James	50	2:02:20	1:49:37	19	
Adam	Frampton	49	2:01:46	1:50:04	20	
Julia	Slade	45	1:58:37	1:50:14		7
Mark	Damen	34	1:51:14	1:50:56	21	
Lucy	Brown	42	1:56:46	1:51:19		8
Richie	Bryant	43	1:58:19	1:52:28	22	
Ruth	Readman	37	1:54:31	1:52:31		9
Barry	Jenkins	55	2:15:00	1:55:43	23	
Sarah	Perret	47	2:25:44	2:12:41		10
Steve	Fowles	48	2:25:33	2:12:42	24	
Sandra	Fowles	50	2:36:36	2:17:42		11
Victoria	West	46	2:29:46	2:19:11		12
Jane	Fowles	46	2:35:20	2:22:55		13
Kim	Crane	40	2:36:33	2:31:19		14

Virtual 10K		March 10 km				
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Dave	Jackson	62	0:41:31	0:33:12	1	
Duncan	Ward	51	0:38:06	0:33:36	2	
Nick	Berry	47	0:39:15	0:35:47	3	
Roger	Teasdale	45	0:38:46	0:35:56	4	
Steven	Rigby	37	0:37:01	0:36:21	5	
Spencer	Mogridge	48	0:40:14	0:36:23	6	
Nick	Brooke	68	0:48:17	0:36:26	7	
Michael	Peters	59	0:45:34	0:37:27	8	
Richie	Bryant	43	0:42:24	0:39:56	9	
Siobhan	McFeely	62	0:52:48	0:40:05		1
Paul	Russell	47	0:44:39	0:40:42	10	
Neil	Cranidge	54	0:48:02	0:41:17	11	
Chris	Frear	36	0:42:29	0:41:56	12	
Flora	Brooke	68	0:59:23	0:41:57		2
Sharon	Hutchings	24	0:43:04	0:43:04		3
Shams	Wahab	57	0:51:35	0:43:10	13	
Nick	Summons	48	0:48:25	0:43:47	14	
Rachel	Harrison	48	0:48:37	0:44:03		4
Ali	Blaney	40	0:45:48	0:44:29		5
Craig	White	60	0:54:52	0:44:41	15	
Stephen	James	50	0:51:48	0:46:04	16	
Barry	Jenkins	55	0:54:53	0:46:45	17	
Anthony	Guppy	45	0:50:30	0:46:48	18	
Piotr	Sulecki	41	0:49:03	0:46:55	19	
Guy	Readman	39	0:48:21	0:46:56	20	
Andrew	Tuffin	47	0:51:38	0:47:04	21	
Jane	Ward	52	0:54:34	0:47:09		6
John	Cowley	64	1:00:31	0:47:29	22	
Steven	Fowles	48	0:53:15	0:48:09	23	
Chris	Cussen	71	1:06:44	0:48:45	24	
Tom	Mitchell	26	0:48:46	0:48:46	25	
Dave	Gedge	49	0:54:32	0:48:54	26	
Angela	Jamieson	48	0:54:06	0:49:01		7
Sandra	Fowles	50	0:55:27	0:49:04		8
Arabella	de S-Khandwala	42	0:51:12	0:49:05		9
Charlotte	Townsend	49	0:56:50	0:50:54		10
Sarah	Perrett	47	0:55:54	0:51:13		11

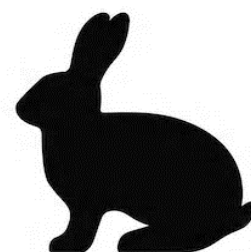


AGE-ADJUSTED CLUB CHAMPIONSHIP 2021

Adam	Frampton	49	0:57:24	0:51:29	27	
Jill	Watson	48	0:56:54	0:51:33		12
Julie	Wareham	57	1:04:11	0:52:05		13
Julia	Slade	45	0:56:54	0:53:12		14
Amanda	Ackroyd	42	0:58:14	0:55:49		15
Victoria	West	46	1:02:15	0:58:12		16
Laura	Eckett	32	0:59:25	0:59:21		17
Jen	Lynch	36	1:01:24	1:00:46		18
Jane	Fowles	46	1:06:53	1:01:56		19

Dorset Ooser		18 Apr 13.1 miles				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
David	Jackson	62	1:46:33	1:25:32	1	
Tracy	Cook	49	1:48:02	1:36:08		1
Lee	Collier	45	1:43:23	1:36:23	2	
Lynda	Faulkner	55	2:00:01	1:39:14		2
Justin	Perry	48	1:51:04	1:41:16	3	
Tim	Cotton	55	2:07:02	1:48:54	4	
Richie	Bryant	43	1:54:38	1:48:58	5	
Damian	Patterson	53	2:07:02	1:50:52	6	
Paul	Russell	47	2:00:42	1:50:59	7	
Nick	Summons	48	2:07:48	1:56:48	8	
Arabella	de S-Khandwala	42	2:04:27	1:58:38		3
John	Townsend	50	2:15:38	2:01:32	9	
Siobhan	McFeely	62	2:41:59	2:02:01		4
Rachel	Harrison	48	2:16:11	2:02:36		5
Matt	Clayton	61	2:31:30	2:02:48	10	
Jill	Watson	48	2:16:59	2:03:20		6
Charlotte	Townsend	49	2:20:26	2:04:57		7
Mark	Damen	34	2:11:28	2:11:07	11	
John	Cowley	64	2:51:47	2:15:14	12	
Angela	Jamieson	48	2:33:31	2:18:13		8
Jane	Ward	52	2:51:43	2:27:23		9
Neil	Cranidge	54	2:51:43	2:28:32	13	
Amanda	Ackroyd	42	2:36:20	2:29:02		10
Barry	Jenkins	55	2:56:13	2:31:03	14	
Stephen	James	50	2:51:36	2:33:46	15	
Lucy	Brown	42	2:41:59	2:34:25		11
Adam	Frampton	49	2:51:36	2:35:07	16	
Chris	Cussen	71	3:37:32	2:39:19	17	
Victoria	West	46	2:54:59	2:42:37		12

Broad Oak Hilly		20 May 4 miles				
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
David	Jackson	63	28:18	22:25	1	
Nick	Berry	47	25:41	23:41	2	
Spencer	Mogridge	48	26:32	23:48	3	
Michael	Peters	59	30:27	24:58	4	
Paul	Russell	47	28:45	25:59	5	
Chris	Frear	36	26:53	26:19	6	
Tom	Mitchell	26	26:39	26:39	7	
Paul	Stockley	53	30:56	26:40	8	
Richie	Bryant	43	29:23	27:23	9	
Lynn	Hutchings	56	33:01	27:25		1
Neil	Cranidge	55	32:28	27:32	10	
Colin	Ryall	57	33:16	27:45	11	
David	Hurst	54	32:31	27:48	12	



AGE-ADJUSTED CLUB CHAMPIONSHIP 2021

Richard	Hull	51	31:49	27:52	13	
John	Cowley	64	36:36	28:44	14	
Simon	Partridge	51	32:50	28:46	15	
Craig	White	60	35:24	28:47	16	
Andrew	Tuffin	47	32:26	29:19	17	
Steve	Fowles	48	32:54	29:30	18	
Stephen	James	50	33:36	29:40	19	
Jill	Watson	48	32:38	29:43		2
Anthony	Guppy	45	32:32	29:52	20	
Chris	Perrett	53	34:56	30:21	21	
Jane	Ward	52	36:54	32:07		3
Sarah	Perrett	47	36:58	34:01		4

Purbeck 10k		18 Jun		10 km		
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Nick	Brooke	68	0:44:41	0:33:43	1	
Dave	Jackson	63	0:42:58	0:34:02	2	
Nick	Summons	48	0:44:48	0:40:31	3	
Neil	Cranidge	55	0:48:12	0:41:04	4	
John	Cowley	65	0:54:54	0:42:40	5	
Flora	Brooke	68	1:03:05	0:43:54		1
Adam	Frampton	49	0:50:08	0:44:58	6	
Jill	Watson	48	0:49:52	0:45:11		2
Steve	James	50	0:52:07	0:46:21	7	
Frank	Wilson	36	0:47:06	0:46:29	8	
Barry	Jenkins	55	0:56:49	0:48:24	9	
Angela	Jamieson	48	0:53:33	0:48:31		3

Marnhull 12K		22 Jul		12 km		
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Dave	Jackson	63	0:53:51	0:42:41	1	
Barry	Shea	46	0:49:30	0:45:36	2	
Nick	Brooke	68	1:01:16	0:46:15	3	
Tom	Mitchell	27	0:51:43	0:51:43	4	
Ian	Buckingham	63	1:05:14	0:51:43	5	
Paul	Stockley	53	1:00:50	0:52:49	6	
Sharon	Hutchings	24	0:53:28	0:53:28		1
Neil	Cranidge	55	1:02:58	0:53:43	7	
Paul	Russell	47	1:00:05	0:54:54	8	
Roger	Teasdale	45	0:59:22	0:55:08	9	
Nick	Summons	48	1:01:17	0:55:31	10	
Chris	Frear	37	0:56:18	0:55:38	11	
Dave	Hurst	54	1:06:41	0:55:40	12	
Richie	Bryant	44	1:00:49	0:57:24	13	
John	Cowley	65	1:16:39	0:59:36	14	
Anthony	Guppy	45	1:04:40	1:00:03	15	
Simon	Partridge	52	1:12:50	1:03:47	16	
Flora	Brooke	68	1:32:16	1:04:13		2
Angela	Jamieson	48	1:12:25	1:05:37		3
Jane	Ward	53	1:22:16	1:10:13		4
Amanda	Ackroyd	43	1:16:32	1:12:48		5
Sarah	Perrett	48	1:22:16	1:14:32		6
Victoria	West	46	1:24:19	1:18:04		7



AGE-ADJUSTED CLUB CHAMPIONSHIP 2021

Lytchett 10		22 Aug		10 miles		
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Nick	Brooke	68	1:15:26	0:56:59	1	
David	Jackson	63	1:13:50	0:58:37	2	
Nick	Reynolds	42	1:02:52	1:00:02	3	
Nick	Summons	48	1:18:19	1:11:11	4	
Chris	Frear	37	1:13:32	1:12:31	5	
Suzanna	Baker	40	1:17:32	1:14:57		1
Neil	Cranidge	55	1:28:25	1:15:37	6	
John	Cowley	65	1:38:34	1:16:44	7	
Flora	Brooke	68	1:52:02	1:17:20		2
Jill	Watson	48	1:27:34	1:18:50		3
Barry	Jenkins	56	1:45:25	1:29:20	8	
Ines	Braun	54	2:00:06	1:40:34		4

Black Hill 10K		26 Sep		10 km		
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	

Helstone Half Marathon		24 Oct		13.1 miles		
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	

Wimborne 10		21 Nov		10 miles		
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	

STUR 5		05 Dec		5 miles		
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	

Best Marathon		Whenever		26.2 Miles			
RUNNER	AGE	ACTUAL	ADJUSTED	MALE	FEMALE	EVENT	DATE
David	Jackson	63	03:26:55	02:46:07	1	Saturn Run	04/06/21
Tracey	Cook	49	03:36:04	03:14:48		Dorset Ooser	18/04/21
Siobhan	McFreely	62	05:23:58	04:02:12		Dorset Ooser	19/04/21
Stephen	James	51	05:43:13	05:07:33	2	Dorset Ooser	20/04/21
Lucy	Brown	43	05:23:58	05:09:58		Dorset Ooser	21/04/21
Adam	Frampton	50	05:43:13	05:10:14	3	Dorset Ooser	22/04/21
Sarah	Perrett	48	06:21:04	05:47:37		UnicornFrolic	30/05/21

AGE-ADJUSTED CLUB CHAMPIONSHIP 2021

Best 5K	Whenever 5K						
RUNNER	AGE	ACTUAL	ADJUSTED	MALE	FEMALE	EVENT	DATE

