

#### **November 2020**

**Stur 5** a 5-mile virtual club race run at any-time during November.

Spencer Mogridge	32:39	Jill Watson	42.55
lan Moore	33:45	Jane Ward	42.58
Richie Bryant	34:12	Shams Wahab	43:45
Nick Brooke	34.37	John Cowley	44.19
Paul Russell	34.52	Barry Jenkins	44:22
Patrick Hurst	36.56	Angela Jamieson	44:07
Mike Peters	37.22	Sarah Perrett	45.02
Chris Frear	38:07	Amanda Ackroyd	47.51
Neil Cranidge	38.43	Flora Brooke	48:43
Adam Frampton	39:59	Julie Wareham	49.37
Tim Cotton	40:09	Jane Fowles	53:46
Craig White	41:00	Kim Crane	54:58
Andrew Tuffin	41:12	Victoria West	62.13
Julie Slade	42.55		

# **Friday 6th November**

**Virtual Lulworth Cove Trail Ultra** – in lieu of completing this gruelling race, Spence ran our very own Stickler route x's 3, completing 31.2 miles with 5,030ft of elevation, in a super speedy 05:33:59. Amazing effort.

Spencer Mogridge 05:33:59 (elapsed time)

# **Sunday 1st November**

**Dorset Hillforts Ultra** – a 35 mile route embedded in the history and hills of West Dorset, running from one ancient hillfort to another. It's not flat, but with stunning views, varied terrain, and plenty of cake. Total ascent of 4,000ft.

#### Solo runners:

	Paul Russell Richard Bryant	07:31:59 07:31:59	Matt Clayton Ali Madders	09:11: 44 09:27:17	
Teams:					
Team C		otton, Edgard Zaldua, Stuari	t Martin	05:55:39	2nd team
	aidens (after Maide Jane Ward, Mel Mit	n Castle) chel, Julia Slade, Jill Watsor	n	07:17:36	=3rd team
The Hardy Boys (after Hardy's Monument)  — Neil Cranidge, Barry Jenkins, Adam Frampton, John Cowley			07:17:36	=3rd team	
	Devils (devilishly go Lucy Brown (ran 2 lo	ood) egs), Craig White, Siobhan N	ИсFeely	07:17:36	=3rd team

# **Sunday 25th October**

**The Stickler** – A fabulous 10-mile trail race taking in the best 3-peaks in North Dorset.

Steve Rigby	01:14:07	Andrew Tuffin	01:47:09
Nick Brooke	01:27:40	Dave Hurst	01:48:00
lan Moore	01:27:50	Shams Wahab	01:49:15
Stuart Martin	01:28:56	Jane Ward	01:49:40
Tracy Cook	01:29:04	Adam Frampton	01:49:40
Justin Perry	01:30:47	Lucy Brown	01:51:15
Edgard Zaldua	01:31:10	Matt Clayton	01:51:20
Lee Collier	01:31:20	Ruth Readman	01:51:57
Chris Chapman	01:32:09	Neil Cranidge	01:52:03
Richie Bryant	01:34:48	Phil Monk	01:57:25
Michael Peters	01:39:51	Barry Jenkins	01:58:15
Lynn Hutchings	01:40:20	Jill Watson	02:00:33
Rich Hull	01:42:17	John Cowley	02:00:33
Craig White	01:42:55	Angela Jameson	02:00:33
Spencer Mogridge	01:43:43	Sarah Perrett	02:12:03
Damien Patterson	01:44:14	Julie Wareham	02:12:49
Tim Cotton	01:44:14	Flora Brooke	02:19:27
Nick Summons	01:45:27	Paul Russell	02:19:29
Gavin Burrough	01:45:42		

#### **Sunday 18th October**

**Hellstone Half Marathon** – Starting from the beautiful Bridehead House in Little Bredy in the heart of Dorset, the route goes straight uphill from the start then follow windblown hilltops, farm tracks, small footpaths, bridleways, steep fields both up and down, and goes past some iconic Dorset landmarks with views across the Chesil Beach.

Barry Jenkins	02:49:31
Jane Ward	02:49:31
Jill Watson	02:49:31
John Cowley	02:49:31
Neil Cranidge	02:49:31
Nick Summons	02:49:31

#### **Saturday 9th October**

**A Run With No Witty Name** – a 32-mile ultra-run smack bang in the centre of the Cranborne Chase and West Wiltshire Downs AONB running through truly stunning countryside.

Lucy Brown	07:12:58
Jemma Westwell	07:12:58
Barry Jenkins	07:41:29
Melanie Mitchell	07:41:29

## **Sunday 27th September**

**Gold Hill 10k** – A scenic hilly road route from Shaftesbury, including the iconic Gold Hill.

Justin Perry	0:42:51		
Nick Brooke	0:43:43		
Rickie Bryant	0:45:20	Suzanna Baker	0:45:45
Paul Russell	0:46:22	Ruth Readman	0:52:22
Graham Smith	0:46:58	Jane Ward	0:54:27
Tim Cotton	0:50:08	Mel Mitchell	0:54:54
Shams Wahab	0:52:40	Angela Jameson	0:59:16
Andrew Tuffin	0:53:02	Sarah Perrett	1:00:04
Craig White	0:53:08	Julie Wareham	1:05;11
Adam Frampton	0:53:59	Flora Brooke	1:36:28
Neil Cranidge	0:54:26	Sophie Brooke	1:36:28
Nick Summons	0:55:06		
Dave Hurst	0:55:42		
Barry Jenkins	0:58:46		
Jill Watson	1:01:09		
John Cowley	1:01:09		
Dave Jackson	1:05:11		

# **Sunday 16th August**

**Ooser Half Marathon** – An undulating trail race.

Jane Ward	02:35:43	8th F50+
John Cowley	02:35:44	3rd M60+
Neil Cranidge	02:35:44	8th M50+

# **Ooser Half Marathon Canicross** – As above but accompanied by a dog.

Suzanna Baker 01:46:31 1st Overall

# **Thursday 6th August**

**John Deacon Handicap** – An internal club race with a staggered start based on each runners' handicap pace.

Spencer Mogridge	0:45:32		
Chris Frear	0:47:46	Sharon Hutchings	0:47:38
Nick Brooke	0:47:54	Lynne Hutchings	0:58:26
Michael Peters	0:50:13	Charlotte Townsend	1:00:02
Patrick Hurst	0:50:33	Sarah Perrett	1:03:32
Carlos Blanco	0:52:26	Flora Brooke	1:08:35
Nick Summons	0:53:44		
Tilly Townsend	0:54:25		
David Jackson	0:55:50		
Andrew Tuffin	0:57:15		
Neil Cranidge	0:58:29		
Dan Simmonds	1:00:49		
John Cowley	1:02:04		

#### June 2020

**Broad Oak Hilly** – A virtual club race run at any-time during June

Roger Teasdale	25:51	David Jackson	35:38
Spencer Mogridge	27:34	Julia Slade	35:51
Nick Brooke	28:36	Mel Mitchell	36:16
Patrick Hurst	30:23	Barry Jenkins	36:25
Chris Frear	31:05	Sarah Perrett	36:56
Mike Peters	31:37	John Cowley	37:36
Neil Cranidge	32:18	Nick Summons	37:38
David Hurst	34:15	Flora Brooke	39:49
Jane Ward	34:21	Julia Wareham	42:15
Adam Frampton	34:41		

#### **Sunday 8th March**

**The Grizzly** – 20 miles of fantastic coastal challenge running on shingle, muddy woodland tracks and paths, gorgeous cliff top coast-paths and bogs. An epic day out.

Phil Reese	03:14:21
Phil Monk	03:44:29
Gavin Burrough	05:20:29
Julia Slade	05:20:29
Jemma Westwell	05:21:36
Nick Summons	05:21:38
Jane Ward	05:38:51
Neil Cranidge	05:38:51
Barry Jenkins	05:38:51
Ines Braun	06:02:14

**The Cub** – as above but 10 miles and no woodland trails or bogs

Chris Cussen 02:35:39

#### **Sunday 8th March**

**Sika 10k** – a pretty trail race around Wareham forest. (awaiting official results)

Steve Fowles	0:58:26
Kim Crane	01:03:49
Sandra Fowles	01:04:11
Jane Fowles	01:09:41

#### **Sunday 8th March**

**Calne Smartt Smasher 10k** – a flat multi-terrain out and back 10k run along the picturesque national cycle network from Calne to Stanley.

Sharon Hutchings 0:40:38 2nd Lady

#### **Sunday 8th March**

**Larmer Tree Marathon** – a tough hilly trail race around the hills and valleys of Rushmoor Estate

Alie Madders 06:30:10

**Larmer Tree 20** – as above but shorter

Suzanna Baker 03:26:14 3rd F30-39

# **Saturday 7th March**

**Larmer Tree 10** – a scenic 10 mile race up and down the hills and valleys of Rushmoor estate.

Jamie Drennan 01:43:09

**Larmer Tree Half** – as above but longer

Bruce Hopkins	01:54:15
Patrick Hurst	02:23:54
David Hurst	02:23:56
Jill Watson	02:44:06
Adam Frampton	02:44:06

# **Sunday 1st March**

**Sherborne 10k** – A picturesque route on country lanes climbing for the first half and descending for the home leg.

Duncan Ward	0:36:06	2 <sup>nd</sup> Overall	Ali Blaney	0:46:00
Ian Osborne	0:41:45		Julia Slade	0:52:52
Nick Berry	0:43:03		Jane Ward	0:52:53
Paul Russell	0:45:49		Jill Watson	0:55:41
Chris Chapman	0:46:45		Jen Lynch	0:58:21
David Hurst	0:51:29		Sarah Perrett	0:58:35
Neil Cranidge	0:51:36		Helen Reynolds	1:00:05
Adam Frampton	0:51:49		Amanda Ackroyd	1:02:16
Shamsul Wahab	0:53:11			
Barry Jenkins	0:55:45			

#### **Sunday 1st March**

Wimborne 20 – A great event for spring marathon training

Roger Teasdale	02:19:21
Ben Hitchcock	02:48:05

#### **Sunday 23rd February**

**The Terminator** – Stunning 12 miles trail race in the Pewsey Vale

Josephine Child	02:15:25
Jane Ward	02:47:01
Jill Watson	02:47:01
Barry Jenkins	02:47:01
Neil Cranidge	02:47:01

#### **Sunday 23rd February**

**Babcary 7.5** – Slightly undulating road race on quiet country lanes.

Ali Blaney 0:56:38

#### **Friday 21st February**

Midweek Trolls Chasing Numbers – Fast and flat lapped trail race.

David Jackson 04:27:42 26.2 miles

## **Sunday 8th February**

**Dark Horse 10k** – Undulating trail race in the dark, through woods, tracks, and footpaths with far reaching views over the Bristol skyline.

Johanna Bright	0:56:26
Barry Jenkins	01:05:37
Neil Cranidge	01:05:37
Jane Ward	01:05:37

#### **Sunday 2nd February**

**Blackmore Vale Half –** undulating road race on quiet country lanes.

Duncan Ward	01:18:09	Suzanna Baker	01:44:45	
Nick Berry	01:25:03	Julia Slade	01:55:52	
Roger Teasdale	01:33:27	Sarah Perrett	02:18:17	
Chris Frear	01:40:51	Amanda Adams	02:20:01	
Stuart Martin	01:40:52	Jen Lynch	02:28:41	
Paul Russell	01:45:22	Catherine Snook	02:46:12	Sweeper
Dave Fitzsimon	01:49:20	Ruth Readman	02:46:12	Sweeper
Richard Hull	01:50:53			
Patrick Hurst	01:51:12			
Andrew Tuffin	01:53:35			
Nick Summons	01:54:57			
David Hurst	02:04:49			
Felix Stroud-Allen	02:06:29			

# **Sunday 2nd February**

**Portland Half Marathon –** Stunning coast path running, including hills, mud and far reaching views

Stephen James	03:03:00	Jane Ward	03:03:00
Jill Watson	03:03:00	Adam Frampton	03:03:00

#### **Sunday 2nd February**

Portland Full Marathon – Stunning coast path running, including hills, mud and far reaching views

Mel Mitchell 05:59:00 Alie Madders 06:19:00 Barry Jenkins 06:19:00

#### **Friday 19th January**

**The Runner of Azkaban** – A fast and flat off-road event at Greenham Common. 7 hours timed event over a 4.4 mile lapped route.

David Jackson 04:13:52 26.2 miles

#### **Sunday 19th January**

**Dirty Devil Double Stampede 20k** – Undulating trail route through woods and tank training grounds of Bovington, including the knife edge climb, and lots of ponds and puddles.

Jane Ward 02:39:32 5<sup>th</sup> F50+ Neil Cranidge 02:39:32 10<sup>th</sup> M50+

**Dirty Devil Stampede 10k** – Undulating trail route through woods and tank training grounds of Bovington, including the knife edge climb, and lots of ponds and puddles.

Kim Crane 01:33:14
Jane Fowles 01:33:14
Sandra Fowles 01:33:14

#### **Saturday 18th January**

**Ninesprings by Night – 5k –** In the surroundings of Ninesprings, up and down the woodland footpaths, with plenty of steps and mud.

Patrick Hurst 0:26:30

#### **Saturday 18th January**

Ninesprings by Night – 10k – As above but 2 laps.

Patrick Hurst	0:53:31	
Jane Ward	01:07:56	5 <sup>th</sup> F50+
Neil Cranidge	01:07:56	
Kim Crane	01:12:23	
Jane Fowles	01:12:23	
Sandra Fowles	01:12:23	

#### **Saturday 18th January**

**Crooked Tracks – Beyond the Far Side 12hrs** – A challenging, friendly, fun event comprising 5.3 mile laps – 26.5 mile.

Ali Madders 5 laps 09:21:14

#### **Sunday 12th January**

**Rough n Tumble –** A tough 10mile trail route in the Pewsey Vale.

Neil Cranidge 2:13:35
Barry Jenkins 2:13:35
Jane Ward 2:13:35
Jill Watson 2:13:35

#### **Saturday 11th January**

**WSR Dark Moors – 10 miles –** An after dark trail race on woodland tracks and paths.

Kim Crane 1:50:10

# Wednesday 1st January

# **Chard Flier**

Sharon Hutchings 0:43:09 2nd Overall female Nick Brooke 0:44:15 2nd MV60+

Dave Jackson 0:49:37 5th MV60+

#### **Wednesday 1st January**

**Broadstone Quarter** – tarmac laps on New Years Day – nice!

Roger Teasdale	0:41:34		
Justin Perry	0:45:13		
Ian Osborne	0:45:58		
Paul Russell	0:46:50	Amanda Adams	1:05:26
Patrick Hurst	0:50:43	Ines Braun	1:07:35
Nick Summons	0:52:37		
David Hurst	0:52:44		
Neil Cranidge	0:53:03		
Nigel Legg	0:54:33		

