

AGE-ADJUSTED CLUB CHAMPIONSHIP 2019

Blackmore Vale Half		03 Feb		12.2 miles		
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Nick Berry	45	1:20:08	1:14:51	1		
Barry Shea	43	1:18:50	1:14:52	2		
Michael Peters	57	1:29:22	1:15:10	3		
David Jackson	60	1:35:24	1:18:02	4		
Spencer Mogridge	46	1:25:33	1:19:15	5		
Gavin Green	53	1:33:14	1:21:19	6		
Justin Perry	46	1:31:01	1:24:19	7		
John Townsend	48	1:35:07	1:26:38	8		
Daryl Davies	31	1:27:13	1:27:13	9		
Christopher Frear	34	1:29:08	1:28:53	10		
John Cowley	62	1:53:23	1:30:59	11		
Paul Russell	45	1:37:56	1:31:29	12		
Felix Stud-Allen	47	1:45:40	1:37:04	13		
David Hurst	52	1:51:44	1:38:19	14		
Charlotte Townsend	47	1:53:04	1:42:57		1	
Barry Jenkins	53	2:03:30	1:47:42	15		
Jane Feather	63	2:26:39	1:48:56		2	
Sandra Fowles	48	2:02:22	1:50:10		3	
Jemma Westwell	36	1:55:51	1:54:17		4	
Sarah Perrett	45	2:08:09	1:59:05		5	
Kim Crane	38	2:02:22	1:59:38		6	
Mel Mitchell	32	2:03:30	2:03:11		7	

Sherborne 10K		03 Mar		10 km		
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Duncan Ward	49	0:37:12	0:33:22	1		
Barry Shea	43	0:39:50	0:37:31	2		
Michael Peters	57	0:44:58	0:37:38	3		
Spencer Mogridge	46	0:41:36	0:38:14	4		
Lynda Faulkner	53	0:45:09	0:38:32		1	
Ian Moore	47	0:45:14	0:41:14	5		
Shams Wahab	55	0:50:12	0:42:46	6		
Richard Hull	49	0:47:52	0:42:56	7		
John Cowley	62	0:56:24	0:45:06	8		
Dave Hurst	52	0:52:04	0:45:31	9		
Neil Cranidge	52	0:53:39	0:46:54	10		
Jill Watson	46	0:51:02	0:47:15		2	
Jane Ward	50	0:53:53	0:47:41		3	
Julia Slade	43	0:52:27	0:49:53		4	
Charlie Wilson	28	0:50:32	0:50:32		5	
Sarah Perrett	45	0:59:38	0:55:45		6	
Kim Crane	38	0:59:50	0:58:44		7	
Jane Fowles	44	1:02:49	0:59:15		8	
Jen Barker	34	1:03:04	1:02:47		9	

Yeovil Half Marathon		31 Mar		13.1 miles		
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Nick Brooke	66	1:32:55	1:11:42	1		
Roger Teasdale	43	1:24:30	1:20:19	2		



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David	Jackson	60	1:42:02	1:23:30	3	
Sarah	Jordan	48	1:35:49	1:26:16		1
Ian	Moore	48	1:39:29	1:30:42	4	
Richard	Hull	49	1:43:22	1:33:26	5	
Christopher	Frear	34	1:34:44	1:34:29	6	
John	Cowley	62	2:01:47	1:37:46	7	
Flora	Brooke	66	2:18:47	1:38:43		2
Andrew	Tuffin	45	1:50:01	1:42:52	8	
Jill	Watson	46	1:52:16	1:43:18		3
Charlotte	Wilson	28	1:45:39	1:45:39		4
Jane	Ward	50	2:01:09	1:46:09		5
Jane	Ridge	55	2:13:17	1:50:12		6
Nick	Summons	46	1:59:00	1:50:21	9	
Paul	Russell	45	1:58:07	1:50:26	10	
Sarah	Perrett	45	2:06:14	1:57:19		7
John	Willis	33	1:59:11	1:59:03	11	
William	Hill	61	2:29:15	2:00:59	12	



Marnhull 12K		14 Apr		12 km		
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Michael	Peters	57	0:53:43	0:45:01	1	
Lynda	Faulkner	53	0:53:09	0:45:22		1
Steve	Rigby	35	0:45:53	0:45:31	2	
David	Jackson	60	0:56:11	0:45:49	3	
Ian	Buckingham	60	0:58:32	0:47:44	4	
Roger	Teasdale	43	0:51:01	0:48:09	5	
Gerry	Hutchings	69	1:08:05	0:50:53	6	
Dan	Simmonds	47	0:55:44	0:50:55	7	
Richard	Hull	49	0:56:46	0:51:00	8	
Lynn	Hutchings	53	1:00:01	0:51:13		2
Christopher	Frear	34	0:51:54	0:51:38	9	
Flora	Brooke	66	1:12:33	0:52:01		3
John	Townsend	48	0:57:51	0:52:25	10	
John	Cowley	62	1:05:50	0:52:41	11	
Shams	Wahab	56	1:02:32	0:52:53	12	
Neil	cranidge	52	1:01:40	0:54:00	13	
David	Hurst	52	1:02:25	0:54:40	14	
Jane	Feather	63	1:17:19	0:57:52		4
Gavin	Burrough	38	0:59:23	0:58:07	15	
Jill	Watson	46	1:03:45	0:59:02		5
Julia	Slade	43	1:03:59	1:00:52		6
Paul	Russell	45	1:05:56	1:01:14	16	
Sarah	Perrett	45	1:08:01	1:03:35		7
Jane	Ward	50	1:12:32	1:04:32		8
Sandra	Fowles	48	1:12:36	1:05:47		9
Laura	Jones	30	1:09:10	1:09:10		11
Amanda	Admas	40	1:12:11	1:10:07		12
Kim	Crane	38	1:15:48	1:14:25		13
Jane	Fowles	44	1:23:34	1:18:50		14

Broad Oak Hilly		18 Apr		4 miles		
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	
Nick	Brooke	66	0:27:12	0:20:58	1	



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Nick Berry	45	0:25:47	0:23:40	2	
Barry Shea	43	0:25:32	0:23:48	3	
Michael Peters	57	0:29:27	0:24:34	4	
David Jackson	60	0:30:21	0:24:40	5	
Gavin Green	53	0:28:51	0:24:52	6	
Ian Buckingham	60	0:31:38	0:25:43	7	
Lyn Hutchings	54	0:31:38	0:25:45		1
Richard Hull	49	0:29:57	0:26:39	8	
Chris Frear	34	0:26:59	0:26:40	9	
Shams Wahab	56	0:32:25	0:26:59	10	
Roger Teasdale	43	0:29:32	0:27:31	11	
John Cowley	62	0:35:08	0:28:05	12	
Flora Brooke	66	0:39:51	0:29:07		2
Anthony Guppy	43	0:31:58	0:29:47	13	
Dave Hurst	52	0:34:44	0:30:11	14	
Andrew Tuffin	45	0:33:13	0:30:29	15	
Barry Jenkins	53	0:38:14	0:32:57	16	
Nick Summons	46	0:36:54	0:33:37	17	
Jane Feather	63	0:50:24	0:38:20		3
Belinda Lopez	56	0:50:22	0:41:50		4
Ingrid Gilbertson	48	0:50:24	0:45:53		5



Egdon Easy 10K		25 May		10 km	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Roger Teasdale	43	00:37:38	0:35:26	1	
Philip Reese	37	00:39:23	0:38:41	2	
Lynn Hutchings	54	00:47:01	0:39:38		1
Piotr Sulecki	39	00:41:26	0:40:13	3	
Dave Hurst	52	00:50:10	0:43:52	4	
Paul Russell	45	00:47:43	0:44:13	5	
Amanda Adams	40	01:00:40	0:58:56		2

Lulworth Castle 10K		23 Jun		10 km	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Lynn Hutchings	54	00:50:09			1
Jane Ward	51	01:01:49			2

Camelot Challenge		21 Sep		13 miles	
RUNNER	AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Lynda Faulkner	54	1:58:08	1:38:55		1
Michael Peters	58	1:59:35	1:39:43	1	
Dave Jackson	61	2:11:17	1:46:25	2	
Stacey Connolly	39	1:53:16	1:50:08		2
Jane Ward	51	2:36:26	2:17:39		3
Nick Summons	46	2:36:26	2:25:04	3	
Neil Cranidge	53	2:52:33	2:30:36	4	
Kim Crane	39	2:46:51	2:42:15		4

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Ingrid	Gilbertson	48	3:01:56	2:43:48		5
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Gold Hill 10K		13 Oct		10 km		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Nick	Brooke	66	045:45	0:35:13	1	
Barry	Shea	44	0:41:01	0:38:19	2	
Philip	Reese	38	0:43:43	0:42:42	3	
Justin	Perry	47	0:48:29	0:44:12	4	
Phil	Monk	49	0:49:51	0:44:42	5	
Shams	Wahab	56	0:52:58	0:44:44	6	
Lynn	Hutchings	54	0:53:42	0:45:16		1
Flora	Brooke	66	1:05:06	0:46:41		2
Paul	Russell	45	0:51:03	0:47:18	7	
John	Cowley	63	1:02:45	0:49:42	8	
David	Hurst	52	0:56:58	0:49:48	9	
Sharon	Hutchings	22	0:51:05	0:51:05		3
Patrick	Hurst	36	0:53:23	0:52:41	10	
Jane	Feather	63	1:12:45	0:54:27		4
Neil	Cranidge	53	1:05:29	0:56:46	11	
Jill	Watson	46	1:02:45	0:58:06		5
Sandra	Fowles	49	1:08:22	1:01:13		6
Julie	Wareham	56	1:15:17	1:01:53		7
Lucy	Brown	41	1:05:26	1:03:09		8
Helen	Reynolds	46	1:11:04	1:05:48		9
Sarah	Perrett	46	1:27:15	1:20:47		10
Amanda	Adams	41	1:27:15	1:24:13		11

New Forest Stinger		03 Nov		10 miles		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK
Mike	Peters	58	1:21:59	1:08:14	1	
Paul	Russell	45	1:21:27	1:15:54	2	
John	Townsend	49	1:30:25	1:21:29	3	
Jane	Ward	51	1:34:50	1:22:23		1
Julia	Slade	44	1:37:05	1:31:03		2
Amanda	Adams	41	1:51:32	1:47:06		3

Wimborne 10		17 Nov		5 miles		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK

STUR 5		05 Dec		5 miles		
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK

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Best Marathon		Whenever 26.2 Miles						
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	EVENT	DATE
Nick	Brooke	66	3:22:45	2:36:28	1		NDVM	05 May
Steve	Rigby	35	2:42:13	2:41:24	2		Manchester	07 Apr
Roger	Teasdale	43	2:56:46	2:48:02	3		NDVM	05 May
David	Jackson	60	3:28:22	2:50:30	4		Manchester	07 Apr
Nick	Reynolds	40	2:55:37	2:50:47	5		Barnstable	29 Sep
Ben	Hitchcock	55	3:33:14	3:02:47	6		Manchester	07 Apr
Philip	Reese	37	3:10:54	3:08:39	7		NDVM	05 May
Gavin	Green	53	3:36:58	3:09:22	8		VMLM	28 Apr
Dave	Gedge	47	3:28:35	3:11:48	9		Bournemouth	06 Oct
Tracy	Cook	47	3:34:51	3:15:59		1	Dorset Ooser	31 Mar
Chris	Frear	34	3:27:05	3:26:31	10		NDVM	05 May
Justin	Perry	47	3:45:16	3:28:53	11		Brighton	14 Apr
Edgard	Zaldua	51	4:03:52	3:36:39	12		Hampshire Hoppit	09 Jun
John	Cowley	62	4:32:05	3:38:26	13		VMLM	28 Apr
Jane	Ward	50	4:11:09	3:40:55		2	Mont Saint Michel	26 May
Ruth	Readman	35	3:49:33	3:47:51		3	NDVM	05 May
Felix	Stroud-Allen	47	4:08:54	3:48:52	14		Brighton	14 Apr
Charlie	Wilson	28	3:50:57	3:50:57		4	Edinburgh	26 May
Dave	Hurst	52	4:35:56	4:02:59	15		NDVM	05 May
Nick	Summons	46	4:23:45	4:04:35	16		Manchester	07 Apr
John	Townsend	48	4:29:20	4:05:33	17		Dorset Ooser	31 Mar
Dave	Fitzsimon	39	4:14:21	4:08:51	18		Belfast	05 May
Tim	Cotton	53	4:49:07	4:12:20	19		Hampshire Hoppit	09 Jun
Barry	Jenkins	53	4:50:47	4:13:48	20		Mont Saint Michel	26 May
Johanna	Brighton	49	4:50:32	4:18:45		5	Dorset Ooser	31 Mar
Nigel	Legg	47	4:48:55	4:25:40	21		NDVM	05 May
Charlotte	Townsend	47	4:52:07	4:29:29		6	Burton	13 Oct
Louise	Barnett	31	4:40:13	4:40:10		7	VMLM	28 Apr
Jason	Woods	35	4:43:14	4:41:49	22		Hellstone	05 May
Dan	Simmonds	47	5:04:23	4:42:15	23		Dorset Ooser	31 Mar
Ingrid	Gilbertson	48	5:20:38	4:49:05		8	NDVM	05 May
Damian	Patterson	51	5:26:30	4:50:04	24		Hampshire Hoppit	09 Jun
Mel	Mitchell	32	4:50:47	4:50:28		9	Mont Saint Michel	26 May
Alie	Madders	42	5:16:41	5:02:54		10	Rememberance	10 Nov
Kim	Crane	38	5:16:59	5:10:54		11	NDVM	05 May
Lucy	Brown	40	5:32:12	5:22:12		12	Larmer Tree	10 Mar
Sarah	Perrett	45	5:58:58	5:34:29		13	NDVM	05 May
Andy	Bucknell	28	5:39:22	5:39:22	25		Run Jurassic	28 Sep
Jamie	Drennan	43	5:57:15	5:39:36	26		Giants Head	22 Jun
Paul	Russell	45	6:24:04	5:59:06	27		Snowdonia	14 Jul
Stephen	James	48	8:29:27	7:44:28	28		Snowdonia	14 Jul
Adam	Frampton	47	8:29:27	7:48:26	29		Snowdonia	14 Jul
Sandra	Fowles	49	9:10:14	8:10:02		14	Snowdonia	14 Jul
Jane	Fowles	44	9:10:20	8:37:39		15	Snowdonia	14 Jul



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Best 5K		Whenever 5K						
RUNNER		AGE	ACTUAL TIME	ADJUSTED TIME	MALE RANK	FEMALE RANK	EVENT	DATE
Nick	Brooke	66	0:19:43	0:15:22	1		Blandford pr	12/01/2019
Steve	Rigby	35	0:16:56	0:16:35	2		Poole pr	11/05/2019
Roger	Teasdale	43	0:18:14	0:16:54	3		Blandford pr	11/05/2019
Barry	Shea	43	0:18:27	0:17:06	4		Blandford pr	19/01/2019
Ben	Hitchcock	55	0:20:17	0:17:10	5		Blandford pr	27/04/2019
Nick	Reynolds	40	0:18:21	0:17:23	6		Blandford pr	27/07/2019
Lynda	Faulkner	53	0:20:44	0:17:55		1	Blandford pr	16/02/2019
Spencer	Mogridge	46	0:19:51	0:18:00	7		Henstridge	16/03/2019
Nick	Berry	45	0:19:46	0:18:04	8		Henstridge	12/01/2019
Michael	Peters	58	0:22:00	0:18:11	9		Upton House pr	31/08/2019
Justin	Perry	47	0:20:16	0:18:15	10		Blandford pr	20/07/2019
Dave	Jackson	60	0:22:30	0:18:18	11		Southwick pr	05/01/2019
John	Townsend	49	0:21:27	0:19:01	12		Blandford pr	14/09/2019
Richard	Hull	49	0:21:46	0:19:18	13		Blandford pr	05/01/2019
John	Cowley	62	0:24:57	0:19:57	14		Blandford pr	20/04/2019
Flora	Brooke	66	0:27:13	0:20:06		2	Blandford pr	04/05/2019
Dave	Hurst	52	0:23:30	0:20:22	15		Blandford pr	27/07/2019
Suzanna	Baker	37	0:21:33	0:21:16		3	Blandford pr	22/06/2019
Nigel	Legg	47	0:24:52	0:22:23	16		Henstridge	19/10/2019
Adam	Frampton	47	0:24:59	0:22:29	17		Blandford pr	03/08/2019
Sarah	Perrett	45	0:25:42	0:24:09		4	Blandford pr	29/12/2018
Sandra	Fowles	49	0:28:18	0:25:34		5	Henstridge	01/01/2019
Kim	Crane	38	0:26:16	0:25:49		6	Blandford pr	02/02/2019
Jane	Fowles	44	0:30:00	0:28:26		7	Blandford pr	14/09/2019