

KEITH VINE HANDICAP LEAGUE 2019

2019 KEITH VINE HANDICAP LEAGUE MEN		10KM HANDICAP PACE															RACES RUN	TOTAL OF BEST 5 SCORES	CURRENT POSITION	STARTING 10KM HANDICAP PACE	ENDING 10KM HANDICAP PACE	Faster (+) or Slower (-)
		1 Broadstone Quarter	2 Rough 'n' Tmble	3 Blackmore Vale Half	4 Lytchett Manor 10	5 Bournemouth 10	6 Wimborne 20	7 Sherborne 10K	8 The Grizzly	9 Larmer 20	10 Yeovil Half Marathon	11 Dorset Ooser Marathon	12 Manchester Marathon	13 Marnhull 12K	14 Broad Oak Hilly	15						
Nick Berry	06:05	18		8	5								10		4			06:06	06:05	+ 00:01		
Nick Brooke	06:26			6						12			8		3			06:29	06:26	+ 00:02		
Ian Buckingham	07:32											5	5		2			07:46	07:32	+ 00:14		
Gavin Burrough	07:26											21			1			07:17	07:26	- 00:09		
John Cowley	08:22	15		15	7		15			8		9	4		7	43		08:21	08:22	- 00:01		
Neil Cranidge	08:08	2	6				5	10				2			5	25	1st	08:21	08:08	+ 00:13		
Daryl Davies	06:40			7											1			06:47	06:40	+ 00:07		
Jamie Drennan	08:04	4							5						2			08:14	08:04	+ 00:10		
Adam Frampton	08:35		4						3						2			08:28	08:35	- 00:07		
Chris Frear	06:30			12						5		12	2		4			06:46	06:30	+ 00:16		
Gavin Green	07:04			1									1		2			07:38	07:04	+ 00:34		
Anthony Guppy	07:32												12		1			08:59	07:32	+ 01:27		
Jonny Hayes	06:50														0			06:50	06:50	+ 00:00		
Steven Haywood	07:55														0			07:55	07:55	+ 00:00		
William Hill	10:19				8	2				15					3			10:16	10:19	- 00:03		
Ben Hitchcock	07:02														1			07:10	07:02	+ 00:08		
Richard Hull	07:09						12			6		15	3		4			07:13	07:09	+ 00:04		
David Hurst	08:07	1		17			2	4				8	18		6	32	4th	08:31	08:07	+ 00:24		
Gerry Hutchings	08:39											16			1			08:36	08:39	- 00:03		
David Jackson	07:07	14		6						4		1	19	17	6	42		07:23	07:07	+ 00:16		
Stephan James	08:34		5												1			08:27	08:34	- 00:08		
Barry Jenkins	08:59		2	20				5			6		15		5	48		08:41	08:59	- 00:18		
Simon Lees	07:45	11													1			07:45	07:45	- 00:00		
Nigel Legg	09:47											2			1			10:00	09:47	+ 00:13		
Spencer Mogridge	06:21			14			8								2			06:21	06:21	- 00:00		
Ian Moore	06:50						18			13					2			06:37	06:50	- 00:13		
Justin Perry	06:55	6		13		1		7							4			06:53	06:55	- 00:01		
Michael Peters	06:54			3				7				14	16		4			07:05	06:54	+ 00:11		
Philip Reese	06:03				9	6									2			06:01	06:03	- 00:02		
Nick Reynolds	06:03	17			2	3						5			4			06:14	06:03	+ 00:11		
Steven Rigby	05:33	10			10	1	2					3	25		6	26	2nd	05:43	05:33	+ 00:10		
Paul Russell	07:59	7		4	11		6			2	17		27		7	30	3rd	07:46	07:59	- 00:13		
Barry Shea	06:01	9		10			11						11		4			06:05	06:01	+ 00:04		
Daniel Simmonds	07:08	13						8			7		11		4			06:51	07:08	- 00:17		
Felix Stroud-Allen	07:40			18											1			07:30	07:40	- 00:10		
Nick Summons	08:25	8	7						9	16		6	19		6	46		07:37	08:25	- 00:48		
Roger Teasdale	06:22	12			1	4				2		26	20		6	39	5th	06:22	06:22	+ 00:00		
John Townsend	07:18			11			5		4		3	18			5	41		07:16	07:18	- 00:02		
Iain Trickett	05:22				7										1			05:22	05:22	- 00:00		
Andrew Tuffin	07:50												12		1			07:07	07:50	- 00:43		
Shamsul Wahab	07:40							17				24	7		3			07:27	07:40	- 00:13		
Duncan Ward	05:37				5	8		13							3			05:37	05:37	- 00:00		
Jason Woods	07:23									1					1			07:37	07:23	+ 00:14		
Edgard Zaldua	06:34						3		3						2			06:37	06:34	+ 00:03		

KEITH VINE HANDICAP LEAGUE 2019

2019 KEITH VINE HANDICAP LEAGUE WOMEN		10KM HANDICAP PACE															RACES RUN		TOTAL OF BEST 3 SCORES		CURRENT POSITION	STARTING 10KM HANDICAP PACE	ENDING 10KM HANDICAP PACE	Faster (+) or Slower (-)
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	0							
Amanda Adams	09:10				11												2			09:01	09:10	-	00:09	
Jen Barker	09:25						19										1			09:16	09:25	-	00:09	
Ines Braun	09:20	3		3													2			09:34	09:20	+	00:14	
Johanna Brighton	07:46									4							1			07:46	07:46	+	00:00	
Flora Brooke	09:25			4					14			4	9				4	17	=3rd	09:32	09:25	+	00:07	
Lerryn Chaffey	06:52					7											1			06:45	06:52	-	00:07	
Emma Chaloner	09:59			12	9												2			09:46	09:59	-	00:13	
Stacey Connolly	07:22								7								1			07:22	07:22	+	00:00	
Tracy Cook	05:59					4					1						2			06:13	05:59	+	00:14	
Kim Crane	09:24		5				3					23					3	31		09:36	09:24	+	00:12	
Lynda Faulkner	06:49						10					10					2			06:50	06:49	+	00:01	
Jane Feather	10:16			22									3	21			3	46		10:10	10:16	-	00:06	
Sandra Fowles	09:24			2									6				2			09:51	09:24	+	00:27	
Jane Fowles	09:37						16						29				2			09:24	09:37	-	00:13	
Ingrid Gilbertson	09:40												22				1			09:40	09:40	+	00:00	
Lynn Hutchings	07:30	5											20	6			3	31		07:31	07:30	+	00:01	
Laura Jones	09:08												1				1			09:27	09:08	+	00:19	
Sarah Jordan	06:41								9								1			06:41	06:41	+	00:00	
Belinda Lopez	11:53												12				1			10:16	11:53	-	01:37	
Alie Madders	09:04											2					1			09:08	09:04	+	00:04	
Melanie Mitchell	08:59		1	19				2			5						4	8	1st	08:58	08:59	-	00:01	
Sarah Perrett	08:48			21			14			3		7					4	24		08:47	08:48	-	00:00	
Ruth Readman	07:32	16			10			1									3	27		07:31	07:32	-	00:01	
Julia Slade	08:11						6						13				2			08:17	08:11	+	00:06	
Charlotte Townsend	08:29			9													1			08:29	08:29	-	00:00	
Jane Ward	08:36		3				1	6		11			28				5	10	2nd	08:39	08:36	+	00:03	
Jill Watson	07:59						4	6	7				22				4	17	=3rd	07:57	07:59	-	00:02	
Jemma Westwell	08:38			16													1			08:34	08:38	-	00:04	