

KEITH VINE HANDICAP LEAGUE 2019

RACE 1		Broadstone ¼ Marathon		01/01/2019		6.55 miles		Terrain multiplier		100%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace				
David	Hurst	08:31	0:57:52	0:53:47	+ 4:05	1	08:13				
Neil	Cranidge	08:21	0:56:41	0:54:19	+ 2:22	2	08:10				
Ines	Braun	09:34	1:04:59	1:02:38	+ 2:21	3	09:24				
Jamie	Drennan	08:14	0:55:55	0:53:44	+ 2:11	4	08:04				
Lynn	Hutchings	07:31	0:51:01	0:49:29	+ 1:32	5	07:24				
Justin	Perry	06:53	0:46:47	0:45:52	+ 0:55	6	06:49				
Paul	Russell	07:46	0:52:45	0:52:20	+ 0:25	7	07:44				
Nick	Summons	07:37	0:51:47	0:51:47	+ 0:00	8	07:37				
Barry	Shea	n/a	n/a	0:41:21	+ 0:00	9	06:05				
Steve	Rigby	05:43	0:38:50	0:38:51	- 0:01	10	05:43				
Simon	Lees	07:45	0:52:38	0:52:41	- 0:03	11	07:45				
Roger	Teasdale	06:22	0:43:18	0:43:29	- 0:11	12	06:23				
Daniel	Simmonds	06:51	0:46:34	0:46:49	- 0:15	13	06:52				
David	Jackson	07:23	0:50:11	0:50:31	- 0:20	14	07:25				
John	Cowley	08:21	0:56:43	0:57:13	- 0:30	15	08:23				
Ruth	Readman	07:31	0:51:03	0:51:43	- 0:40	16	07:34				
Nick	Reynolds	06:14	0:42:20	0:43:30	- 1:10	17	06:19				
Nick	Berry	06:06	0:41:27	0:42:56	- 1:29	18	06:13				

RACE 2		Rough 'n' Tumble		13/02/2019		10 miles		Terrain multiplier		125%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace				
Melanie	Mitchell	08:58	1:56:34	01:53:29	+ 3:05	1	08:51				
Barry	Jenkins	08:41	1:52:59	01:53:30	- 0:31	2	08:43				
Jane	Ward	08:39	1:52:25	01:53:27	- 1:02	3	08:41				
Adam	Frampton	08:28	1:49:59	01:53:05	- 3:06	4	08:35				
Stephen	James	08:27	1:49:47	01:53:05	- 3:18	5	08:34				
Neil	Cranidge	08:10	1:46:13	01:53:29	- 7:16	6	08:20				
Nick	Summons	07:37	1:39:07	01:53:28	- 14:21	7	07:47				

RACE 3		Blackmore Vale Half Marathon		03/02/2019		12.2 miles		Terrain multiplier		103%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace				
Gavin	Green	07:38	1:41:40	01:33:14	+ 8:26	1	07:19				
Sandra	Fowles	09:51	2:11:12	02:02:22	+ 8:50	2	09:31				
Michael	Peters	07:05	1:34:23	01:29:22	+ 5:01	3	06:54				
Paul	Russell	07:44	1:43:02	01:37:56	+ 5:06	4	07:33				
Kim	Crane	09:36	2:07:57	02:02:22	+ 5:35	5	09:24				
David	Jackson	07:25	1:38:44	01:35:24	+ 3:20	6	07:17				
Daryl	Davies	06:47	1:30:21	01:27:13	+ 3:08	7	06:40				
Nick	Berry	06:13	1:22:44	01:20:08	+ 2:36	8	06:07				
Charlotte	Townsend	n/a	n/a	01:53:04	+ 0:00	9	08:29				
Barry	Shea	06:05	1:21:05	01:18:50	+ 2:15	10	06:00				
John	Townsend	07:16	1:36:49	01:35:07	+ 1:42	11	07:12				
Christopher	Frear	06:46	1:30:07	01:29:08	+ 0:59	12	06:44				
Justin	Perry	06:49	1:30:51	01:31:01	- 0:10	13	06:50				
Spencer	Mogridge	06:21	1:24:35	01:25:33	- 0:58	14	06:23				
John	Cowley	08:23	1:51:42	01:53:23	- 1:41	15	08:27				
Jemma	Westwell	08:34	1:54:06	01:55:51	- 1:45	16	08:38				
David	Hurst	08:13	1:49:29	01:51:44	- 2:15	17	08:18				
Felix	Stroud-Allen	07:30	1:39:54	01:45:40	- 5:46	18	07:39				
Mel	Mitchell	08:51	1:57:51	02:03:30	- 5:39	19	09:00				
Barry	Jenkins	08:43	1:56:02	02:03:30	- 7:28	20	08:52				
Sarah	Perrett	08:47	1:57:05	02:08:09	- 11:04	21	08:57				
Jane	Feather	10:10	2:15:21	02:26:39	- 11:18	22	10:19				

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RACE 4		Lytchett Manor 10		10/02/2019		10 miles		Terrain multiplier		103%	
NAME		Handicap Mile Pace		Predicted Time		Actual Time		Faster (+) or Slower (-)		Points	
NAME		Handicap Mile Pace		Predicted Time		Actual Time		Faster (+) or Slower (-)		Points	
Roger	Teasdale	06:23	01:08:06	01:04:56	+ 3:10	1	06:14				
Nick	Reynolds	06:19	01:07:22	01:06:15	+ 1:07	2	06:16				
Ines	Braun	09:24	01:40:09	01:39:17	+ 0:52	3	09:21				
Flora	Brooke	09:32	01:41:36	01:41:01	+ 0:35	4	09:30				
Duncan	Ward	05:37	00:59:53	00:59:17	+ 0:36	5	05:35				
Nick	Brooke	06:29	01:09:02	01:08:56	+ 0:06	6	06:28				
John	Cowley	08:27	01:30:04	01:30:29	- 0:25	7	08:28				
William	Hill	10:16	01:49:27	01:50:37	- 1:10	8	10:19				
Philip	Reese	06:01	01:04:08	01:05:36	- 1:28	9	06:05				
Steven	Rigby	05:43	01:00:57	01:02:27	- 1:30	10	05:47				
Paul	Russell	07:33	01:20:25	01:22:27	- 2:02	11	07:38				
Emma	Chaloner	09:46	01:44:07	01:55:14	- 11:07	12	09:56				

RACE 5		Bournemouth 10		24/02/2019		10 miles		Terrain multiplier		101%	
NAME		Handicap Mile Pace		Predicted Time		Actual Time		Faster (+) or Slower (-)		Points	
NAME		Handicap Mile Pace		Predicted Time		Actual Time		Faster (+) or Slower (-)		Points	
Steven	Rigby	05:46	1:00:39	00:56:55	+ 3:44	1	05:36				
William	Hill	10:18	1:48:09	01:45:18	+ 2:51	2	10:10				
Nick	Reynolds	06:15	1:05:40	01:04:11	+ 1:29	3	06:11				
Roger	Teasdale	06:13	1:05:23	01:04:43	+ 0:40	4	06:12				
Nick	Berry	06:07	1:04:13	01:03:42	+ 0:31	5	06:05				
Philip	Reese	06:04	1:03:45	01:03:27	+ 0:18	6	06:03				
Iain	Trickett	05:22	0:56:22	00:56:23	- 0:01	7	05:22				
Duncan	Ward	05:35	0:58:34	00:58:48	- 0:14	8	05:35				
Emma	Chaloner	09:56	1:44:20	01:45:27	- 1:07	9	09:59				
Ruth	Readman	07:34	1:19:28	01:20:56	- 1:28	10	07:38				
Amanda	Adams	09:01	1:34:43	01:36:57	- 2:14	11	09:07				

RACE 6		Wimborne 20		03/03/2019		20 miles		Terrain multiplier		107%	
NAME		Handicap Mile Pace		Predicted Time		Actual Time		Faster (+) or Slower (-)		Points	
NAME		Handicap Mile Pace		Predicted Time		Actual Time		Faster (+) or Slower (-)		Points	
Justin	Perry	06:50	2:44:21	02:41:18	+ 3:03	1	06:46				
Steve	Rigby	05:36	2:14:44	02:12:13	+ 2:31	2	05:33				
Edgard	Zaldua	06:37	2:39:19	02:39:03	+ 0:16	3	06:37				
Tracy	Cook	n/a	n/a	02:29:36	+ 0:00	4	06:13				
John	Townsend	07:12	2:53:27	02:55:46	- 2:19	5	07:15				
Paul	Russell	07:37	3:03:28	03:06:00	- 2:32	6	07:40				
Lerryn	Chaffey	06:45	2:42:30	02:47:52	- 5:22	7	06:52				

RACE 7		Sherborne 10K		03/03/2019		10 km		Terrain multiplier		106%	
NAME		Handicap Mile Pace		Predicted Time		Actual Time		Faster (+) or Slower (-)		Points	
NAME		Handicap Mile Pace		Predicted Time		Actual Time		Faster (+) or Slower (-)		Points	
Jane	Ward	08:41	0:57:13	0:53:53	+ 3:20	1	08:26				
Dave	Hurst	08:18	0:54:42	0:52:04	+ 2:38	2	08:06				
Kim	Crane	09:24	1:01:53	0:59:50	+ 2:03	3	09:14				
Jill	Watson	07:57	0:52:23	0:51:02	+ 1:21	4	07:51				
Neil	Cranidge	08:20	0:54:53	0:53:39	+ 1:14	5	08:14				
Julia	Slade	08:17	0:54:32	0:53:27	+ 1:05	6	08:12				

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Michael Peters	06:54	0:45:26	0:44:58	+ 0:28	7	06:52
Spencer Mogridge	06:23	0:42:04	0:41:36	+ 0:28	8	06:21
Charlie Wilson	n/a	0:50:32	0:50:32	- 0:00	9	07:40
Lynda Faulkner	06:50	0:45:00	0:45:09	- 0:09	10	06:51
Barry Shea	06:00	0:39:32	0:39:50	- 0:18	11	06:02
Richard Hull	07:13	0:47:32	0:47:52	- 0:20	12	07:15
Duncan Ward	05:35	0:36:48	0:37:12	- 0:24	13	05:37
Sarah Perrett	08:57	0:58:57	0:59:38	- 0:41	14	09:00
John Cowley	08:27	0:55:39	0:56:24	- 0:45	15	08:30
Jane Fowles	09:24	1:01:53	1:02:49	- 0:56	16	09:28
Shams Wahab	07:27	0:49:04	0:50:12	- 1:08	17	07:32
Ian Moore	06:37	0:43:35	0:45:14	- 1:39	18	06:45
Jen Barker	09:16	1:01:02	1:03:04	- 2:02	19	09:25

RACE 8 The Grizzly		10/03/2019		20 Miles		Terrain multiplier 132%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Ruth Readman	07:38	3:47:46	3:41:16	+ 6:30	1	07:32	
Melanie Mitchell	09:01	4:28:59	4:24:56	+ 4:03	2	08:57	
Edwgard Zaldua	06:37	3:17:15	3:14:33	+ 2:42	3	06:34	
John Townsend	07:15	3:36:22	3:35:12	+ 1:10	4	07:14	
Barry Jenkins	08:53	4:25:00	4:24:56	+ 0:04	5	08:53	
Jane Ward	08:26	4:11:36	4:11:38	- 0:02	6	08:26	
Justin Perry	06:46	3:21:46	3:30:29	- 8:43	7	06:55	
Dan Simmonds	06:52	3:25:04	3:35:03	- 9:59	8	07:01	
Nick Summons	07:47	3:52:12	4:20:13	- 28:01	9	07:56	
Neil Cranidge	08:14	4:05:48	4:53:17	- 47:29	10	08:23	

RACE 9 Larmer 20		10/03/2019		20 Miles		Terrain multiplier 127%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Jason Woods	07:37	3:38:37	3:25:01	+ 13:36	1	07:23	
Paul Russell	07:40	3:40:14	3:39:37	+ 0:37	2	07:40	
Adam Frampton	08:35	4:06:15	4:22:47	- 16:32	3	08:35	
David Hurst	08:06	3:52:37	4:18:06	- 25:29	4	08:06	
Jamie Drennan	08:04	3:51:41	4:22:48	- 31:07	5	08:04	
Jill Watson	07:51	3:45:19	4:22:48	- 37:29	6	07:51	
Stacey Connolly	07:22	3:31:26	4:22:47	- 51:21	7	07:22	

RACE 10 Yeovil Half Marathon		31/03/2019		13.10 miles		Terrain multiplier 103%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Charlotte Wilson	07:40	1:50:03	01:45:39	+ 4:24	1	07:31	
Roger Teasdale	06:12	1:28:50	01:24:30	+ 4:20	2	06:03	
Sarah Perrett	09:00	2:09:08	02:06:14	+ 2:54	3	08:54	
David Jackson	07:17	1:44:32	01:42:02	+ 2:30	4	07:12	
Christopher Frear	06:44	1:36:31	01:34:44	+ 1:47	5	06:40	
Richard Hull	07:15	1:43:53	01:43:22	+ 0:31	6	07:13	
Jill Watson	07:51	1:52:36	01:52:16	+ 0:20	7	07:50	
John Cowley	08:30	2:01:56	02:01:47	+ 0:09	8	08:30	
Sarah Jordan	n/a	1:35:49	01:35:49	- 0:00	9	06:41	
John Willis	n/a	1:59:11	01:59:11	- 0:00	9	08:19	
Jane Ward	08:26	2:00:59	02:01:09	- 0:10	11	08:26	
Nick Brooke	06:27	1:32:36	01:32:55	- 0:19	12	06:28	

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Ian	Moore	06:45	1:36:43	01:39:29	- 2:46	13	06:50
Flora	Brooke	09:29	2:15:59	02:18:47	- 2:48	14	09:35
William	Hill	10:10	2:25:45	02:30:20	- 4:35	15	10:19
Nick	Summons	07:56	1:53:48	01:59:00	- 5:12	16	08:05
Paul	Russell	07:40	1:50:04	01:58:07	- 8:03	17	07:50

RACE 11		The Dorset Ooser Marathon		31/03/2019	26.20 miles	Terrain multiplier 121%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Tracy	Cook	06:13	3:52:27	03:34:51	+ 17:36	1	05:59
Alie	Madders	09:08	5:41:40	05:37:01	+ 4:39	2	09:04
John	Townsend	07:14	4:30:35	04:29:20	+ 1:15	3	07:13
Johanna	Brighton	n/a	4:50:32	04:50:32	- 0:00	4	07:46
Mel	Mitchel	08:57	5:34:45	05:37:48	- 3:03	5	08:59
Barry	Jenkins	08:53	5:32:16	05:37:49	- 5:33	6	08:57
Dan	Simmonds	07:01	4:22:29	05:04:23	- 41:54	7	07:10

RACE 12		Manchester Marathon		07/04/2019	26.20 miles	Terrain multiplier 100%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
David	Jackson	07:12	3:42:36	3:28:22	+ 14:14	1	06:58
Nigel	Legg	10:00	5:09:10	4:56:14	+ 12:56	2	09:47
Steve	Rigby	05:33	2:51:24	2:42:13	+ 9:11	3	05:24
Ben	Hitchcock	07:10	3:41:34	3:33:14	+ 8:20	4	07:02
Nick	Reynolds	06:11	3:11:06	3:03:12	+ 7:54	5	06:03
Nick	Summons	08:05	4:09:54	4:23:45	- 13:51	6	08:15

RACE 13		Marnhull 12K		15/04/2018	12 km	Terrain multiplier 104%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace
Laura	Jones	09:27	1:14:01	1:09:10	+ 4:51	1	09:08
Neil	Cranidge	08:23	1:05:40	1:01:40	+ 4:00	2	08:08
Jane	Feather	10:20	1:20:56	1:17:19	+ 3:37	3	10:06
Flora	Brooke	09:35	1:15:01	1:12:33	+ 2:28	4	09:25
Ian	Buckingham	07:46	1:00:50	0:58:32	+ 2:18	5	07:37
Sandra	Fowles	09:31	1:14:33	1:12:36	+ 1:57	6	09:24
Sarah	Perrett	08:54	1:09:43	1:08:01	+ 1:42	7	08:48
David	Hurst	08:06	1:03:29	1:02:25	+ 1:04	8	08:02
John	Cowley	08:30	1:06:34	1:05:50	+ 0:44	9	08:27
Lynda	Faulkner	06:51	0:53:36	0:53:09	+ 0:27	10	06:49
Dan	Simmonds	07:10	0:56:08	0:55:44	+ 0:24	11	07:08
Christopher	Frear	06:40	0:52:13	0:51:54	+ 0:19	12	06:39
Julia	Slade	08:12	1:04:12	1:03:59	+ 0:13	13	08:11
Michael	Peters	06:52	0:53:45	0:53:43	+ 0:02	14	06:52
Richard	Hull	07:13	0:56:35	0:56:46	- 0:11	15	07:14
Gerry	Hutchings	08:36	1:07:21	1:08:05	- 0:44	16	08:39
Amanda	Admas	09:07	1:11:27	1:12:11	- 0:44	17	09:10
John	Townsend	07:13	0:56:31	0:57:51	- 1:20	18	07:18
David	Jackson	06:58	0:54:35	0:56:11	- 1:36	19	07:04
Lynn	Hutchings	07:24	0:57:57	1:00:01	- 2:04	20	07:32
Gavin	Burrough	07:17	0:57:03	0:59:23	- 2:20	21	07:26
Jill	Watson	07:50	1:01:24	1:03:45	- 2:21	22	07:59
Kim	Crane	09:14	1:12:22	1:15:48	- 3:26	23	09:24
Shams	Wahab	07:32	0:59:01	1:02:32	- 3:31	24	07:42

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Steve	Rigby	05:24	0:42:16	0:45:53	- 3:37	25	05:33
Roger	Teasdale	06:03	0:47:19	0:51:01	- 3:42	26	06:12
Paul	Russell	07:50	1:01:21	1:05:56	- 4:35	27	07:59
Jane	Ward	08:26	1:06:06	1:12:32	- 6:26	28	08:36
Jane	Fowles	09:28	1:14:09	1:23:34	- 9:25	29	09:37

RACE 14		Broad Oak Hilly		18/04/2019		4 miles		Terrain multiplier		106%	
NAME		Handicap Mile Pace	Predicted Time	Actual Time	Faster (+) or Slower (-)	Points	Revised Handicap Mile Pace				
Gavin	Green	07:19	0:31:01	0:28:51	+ 2:10	1	07:04				
Chris	Frear	06:39	0:28:11	0:26:59	+ 1:12	2	06:30				
Richard	Hull	07:14	0:30:41	0:29:57	+ 0:44	3	07:09				
John	Cowley	08:27	0:35:50	0:35:08	+ 0:42	4	08:22				
Ian	Buckingham	07:37	0:32:19	0:31:38	+ 0:41	5	07:32				
Lyn	Hutchings	07:32	0:31:56	0:31:38	+ 0:18	6	07:30				
Shams	Wahab	07:42	0:32:39	0:32:25	+ 0:14	7	07:40				
Nick	Brooke	06:28	0:27:25	0:27:12	+ 0:13	8	06:26				
Flora	Brooke	09:25	0:39:57	0:39:51	+ 0:06	9	09:25				
Nick	Berry	06:05	0:25:49	0:25:47	+ 0:02	10	06:05				
Barry	Shea	06:02	0:25:33	0:25:32	+ 0:01	11	06:01				
Anthony	Guppy	n/a	0:31:58	0:31:58	- 0:00	12	07:32				
Andrew	Tuffin	n/a	0:33:13	0:33:13	- 0:00	12	07:50				
Belinda	Lopez	n/a	0:50:22	0:50:22	- 0:00	12	11:53				
Barry	Jenkins	08:57	0:37:58	0:38:14	- 0:16	15	08:59				
Michael	Peters	06:52	0:29:05	0:29:27	- 0:22	16	06:54				
David	Jackson	07:04	0:29:59	0:30:21	- 0:22	17	07:07				
Dave	Hurst	08:02	0:34:05	0:34:44	- 0:39	18	08:07				
Nick	Summons	08:15	0:34:59	0:36:54	- 1:55	19	08:25				
Roger	Teasdale	06:12	0:26:17	0:29:32	- 3:15	20	06:22				
Jane	Feather	10:06	0:42:50	0:50:24	- 7:34	21	10:16				
Ingrid	Gilbertson	09:40	0:40:59	0:50:24	- 9:25	22	09:40				